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Regular Articles

Candida albicans strains adapted to the mouse gut are resistant to bile salts via a Flo8-dependent mechanism



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ABSTRACT

Candida albicans normally colonizes the human gastrointestinal tract as a commensal. Studying fungal factors involved in colonizing the mammalian gastrointestinal tract requires mouse models with altered microbiota. We have obtained strains of *C. albicans* through microevolution in the mouse gut for a prolonged period (one year) that display a substantial increase in fitness in this niche. These strains show resistance to bile salts, an increase in their adhesion to the intestinal mucosa, and are unable to filament in response to serum. Genetic analysis revealed some alterations, mainly a triploidy of chr7, a whole chr6 homozygosis, and an SNP in the *FLO8* gene (located in the chr6), resulting in a truncated protein version. A wild type *FLO8* gene complemented filamentation and bile salt sensitivity but showed an intermediate fitness phenotype in colonization. Alterations in bile salt sensitivity were also evident in *bmt* mutants, defective in β -mannosylation, and transcriptional targets of Flo8, suggesting a link between the fungal cell wall and mammalian gut colonization via the Flo8 transcriptional regulator.

1. Introduction

The dimorphic fungus *Candida albicans* colonizes the vaginal and gastrointestinal tracts of humans, where it behaves as a harmless commensal; however, it can translocate to other regions of the human body causing severe diseases when the host is immunocompromised. Understanding the mechanisms that the fungus uses to colonize the mammalian gut is essential for developing strategies to control an undesired proliferation in this niche, thus blocking systemic dissemination.

Identifying *C. albicans* genes involved in colonizing the mammalian gastrointestinal tract normally requires mouse models with a reduction of the endogenous bacterial microbiota via antibiotic therapy (Koh, 2013). Fungal colonization and fitness are normally estimated by assessing either the viability of fungal cells (via CFU counting) or the DNA content (via qPCR) of the material recovered from the stools as well as by *post-mortem* analysis of the fungal load in the mouse intestine (Prieto and Pla, 2022). Fitness assays frequently involve competition experiments between two isogenic (mutant and wild–type) strains

(Neville et al., 2015; Prieto et al., 2016; Witchley et al., 2019). This methodology has allowed the identification of several regulators of colonization of very different natures, including genes regulating metabolic pathways, genes involved in signaling pathways, and certain morphogenetic regulators (Noble, 2013; Perez et al., 2013; Pierce and Kumamoto, 2012; Ramírez-Zavala et al., 2017; Román et al., 2018; Vautier et al., 2015).

Adaptation to the commensal status has been suggested to be mediated by Wor1 (Pande et al., 2013) the master regulator of the white opaque (**wo**) transition (Huang et al., 2006; Srikantha et al., 2006), an environmentally regulated epigenetic transition that prepares cells for mating (Soll, 2014). Wor1 was also proposed to mediate the conversion to the GUT morphotype (from <u>G</u>astrointestinally ind<u>Uced Transition</u>), a specialized type of cell adapted to the mammalian gut. Wor1 also regulates Efg1 (Stoldt et al., 1997), a transcriptional regulator involved in the **wo** transition (Sonneborn et al., 1999) as well as in the fitness in the gastrointestinal tract of mice (Pierce and Kumamoto, 2012).

By using a microevolution selection strategy, C. albicans strains with

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increased fitness have been isolated and shown to have reduced filamentation due to mutations in the FLO8 gene (Tso et al., 2018). FLO8 encodes a transcriptional regulator that acts downstream of the cAMP/ PKA pathway and is involved in hyphal and biofilm formation and virulence (Cao et al., 2006; Fox et al., 2015; Liu et al., 2015). This gene is part of a transcriptional complex with Mfg1 and Mss11 and mediates chromosomal rearrangements that can restore filamentation in specific morphogenetic mutants (Polvi et al., 2019). Flo8 is also an important mediator of CO2-induced morphogenesis and overexpression of the FLO8 gene leads to hypersensitization to CO2 levels (Du et al., 2012). Flo8 also participates in the wo transition while SUMOylation of Wor1 occurs via the SUMO E3 ligase Wos1, a downstream effector of Flo8 (Yan et al., 2015), thus supporting a role in colonization. Mutations in FLO8 that affect its binding to target genes have also been observed among clinical strains isolated from patients with vaginitis, a clinically relevant niche in C. albicans commensalism (Liu et al., 2015). Other transcription factors (like Rtg1, Rtg3, Tye7, Lys144, Zcf21, and Hms1) have been found to mediate commensalism by different regulatory circuits that control relevant metabolic traits (Perez et al., 2013). Downregulation of Efg1 or other regulators that induce filamentation like Ume6 conferred higher fitness in gastrointestinal colonization (Liang et al., 2019; Pierce et al., 2013; Pierce and Kumamoto, 2012) supporting the idea that filamentation would somehow impair commensal establishment in the gut. Certain hyphal proteins such as Als1, Als3, and Hwp1 are produced by C. albicans colonizing cells and promote an adaptive immune response that generates a specific sIgA response against those adhesins (Doron et al., 2021; Ost et al., 2021). These adhesins that are predominantly expressed during hyphal growth may promote adhesion to the intestine (de Groot et al., 2013; Hoyer and Cota, 2016) although little in vivo data using in vivo or ex vivo models have been obtained.

Given the complexity of the environment of the mammalian gut, not

only fungus-derived elements are crucial for colonization but also hostderived factors. Gut microbiota plays a prominent role (Eckstein et al., 2020; Leonardi et al., 2018; Neville et al., 2015) but other chemical or physical conditions also influence C. albicans proliferation. One such chemical is bile, a complex fluid containing cholesterol, bile salts, and other compounds involved in lipid assimilation by the host. In principle, gut-residing microbes need to be well adapted to this substance which is therefore present in several laboratory media to facilitate their isolation. Candidiasis can result in bile duct obstruction (Domagk et al., 2001), and C. albicans present in the gall bladder may be refractory to some antifungal treatments (Hsieh et al., 2017), indicating the clinical relevance of sensitivity to bile salts in this fungus. Bile salts inhibit morphogenesis as well as adhesion of C. albicans cells to a colonic cancer line (Guinan et al., 2018) and certain mutants in genes involved in commensalism (mutants in the HOG pathway) are sensitive to bile salts (Prieto et al., 2014) as occurs with cells where WOR1 is overexpressed (Prieto et al., 2017). Overexpression of the transcription factor CRZ2 also results in increased fitness, bile salt resistance, and changes in phosphomanan composition (Znaidi et al., 2018).

We describe here the isolation of strains adapted to the mouse gut via experimental microevolution in this niche. These strains have chromosomal reorganizations leading to altered traits related to mammalian gut colonization that are caused, in part, by mutations in the *FLO8* gene. We also show that *flo8* Δ mutants have an increased resistance to bile salts that would be mediated, at least in part, by an altered cell wall mannosylation.



Fig. 1. Colonization of mouse gut by micro-evolved *C. albicans.* (A) Scheme of sequential *C. albicans* colonization procedure to obtain micro-evolved strains (μ Ev). (B) Colonization levels of CAF2-RFP (squares) and micro-evolved strain from day 93 (μ Ev93, triangles) colonizing separated groups. Data from CFU determination from stool samples (expressed as mean ± SEM). Each data set corresponds to an independent group (n = 2). (C) Competition between CAF2-GFP (green) and μ Ev93 (red) strains colonization in C57BL/6 antibiotic-treated mice inoculated with a 1:1 mix of the indicated strains. Data from CFU determination from stool samples obtained from 7 mice in two independent experiments (expressed as mean ± SEM). (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

2. Results

2.1. C. albicans strains micro-evolved in the mouse intestine display improved capacity of colonization

We generated strains with increased fitness to the mouse gut via experimental evolution in animals (Fig. 1A). For this purpose, an RFPlabelled C. albicans strain (CAF2-RFP) was sequentially inoculated by gavage in different groups of antibiotic-treated mice (n = 2) for up to one year (Material and Methods and Fig. 1A). After colonizing the mouse gastrointestinal tract for 7 to 9 weeks the C. albicans colonies obtained from stools were inoculated in a new group of mice. Strains were named according to the time of isolation from stools and called µEv# (for # accumulated days). Cells appeared normal in morphology under standard laboratory growth conditions (Fig. S1). When inoculated the µEv93 strain alone it showed an increase in fungal loads in stools in the first 10-15 days after gavage (Fig. 1B, triangles and dashed line) compared with those levels attained by the original CAF2-RFP strain inoculated alone (Fig. 1B, squares). We confirmed that these uEv strains showed increased ability to colonize the mouse gut since all µEv93, µEv180, and µEv366 showed a significant increase in fitness compared to a GFPlabeled parental (CAF2-GFP) strain in co-colonization competition experiments (Figs. 1C, S2A and B). In these experiments, a CAF2-GFP control strain hardly attained colonization levels higher than 10⁴ CFUs/g in stools, and levels were undetectable 3-4 weeks after gavage; in contrast, fungal loads for all micro-evolved strains were stable in the range of 10^8 CFUs/g as early as day 1 after oral administration (Figs. 1C, S2A and B). This increased fitness was maintained even after eleven in vitro passages of the micro-evolved strains in YPD medium at 37 °C (data not shown), indicating that it was not the result of a temporal transcriptional adaptation of the fungal cells to the intestine conditions.

2.2. The phenotype of hypercolonization in evolved strains is independent of Wor1

Overexpression of the WOR1 gene has been shown to promote the conversion of white cells to opaque cells (Huang et al., 2006; Srikantha et al., 2006; Zordan et al., 2006). Given the relationship between Wor1 and commensalism (Pande et al., 2013) we analyzed the staining of µEv strains with phloxine B (a compound that differentially stains opaque cells). As shown in Fig. 2A, all evolved strains showed increased staining with this compound. To study whether the underlying mechanisms favoring colonization in micro-evolved strains were Wor1 dependent, we quantified the expression of WOR1 in µEv93, µEv180, and µEv366 cells growing in vitro in exponential phase by qPCR. All strains showed significant changes in WOR1 expression (Fig. 2B) with a 6-fold increase compared to the original CAF2-RFP strain. To unambiguously determine the involvement of WOR1 in adaptation to commensalism in those strains, WOR1 was deleted in µEv93 using CRISPR (see Material and Methods). Fungal colonization loads of a µEv93-wor1∆ mutant were found like those obtained for the wild type or µEv93 strains (around 10^{7-8} CFUs/g), and were consistently maintained over time (Fig. 2C). When fitness was assayed in competition experiments using CAF2-GFP as control, the levels of both strains mimicked those observed with the non-deleted strain (Figs. 2D and 1C). These results indicate that even though there are changes in WOR1 expression in evolved strains, WOR1 is not the main driver for the observed increased fitness.

2.3. Micro-evolved strains have reduced lipase and protease activity, and are resistant to bile salts

Different phenotypes were studied in the micro-evolved strains, especially those related to stresses that could in principle play a role in commensalism. Neither oxygen availability (growth in normoxia, microaerophilia, or anaerobiosis), osmotic stress (growth on NaClsupplemented plates), nor oxidative stress (growth on hydrogen

peroxide-supplemented media) affected micro-evolved strains significantly compared to the parental CAF2-RFP strain. The use of alternative carbon sources (acetate, ethanol, glycerol, or citrate) also revealed no significant differences between evolved strains and the parental control (Fig. S3). However, µEv93, µEv180, and µEv366 strains displayed reduced lipase and protease production in vitro as observed in specific egg volk containing SEA or MEA media and BSA solid media, respectively (Fig. 3A and B). Additionally, we analyzed the resistance to bile salts as it can influence the behavior of intestinal microbes. As shown in Fig. 3C, all micro-evolved strains were resistant to 0.3 % bile salts when assayed on solid YPD medium compared to CAF2-RFP. Curiously, those strains were also resistant to azole drugs, although they did not display any difference against caspofungin compared with the parental strain (Fig. S3 and not shown). We also analyzed the adhesion of microevolved strains. Adhesion was checked on both abiotic (polystyrene) and biotic (gut mucosa) surfaces for the µEv93 strain. This strain displayed a moderate, but significant, increase in adhesion to the mouse large intestine mucosa (ARI= 1.22 ± 0.11), in parallel with an important decrease in its adhesion to polystyrene (ARI= 0.36 ± 0.08) (Fig. 3D), an adhesion pattern that has already been observed in C. albicans strains altered in morphogenesis and colonization (Prieto et al., 2014; Román et al., 2023).

2.4. Genome sequencing reveals chromosomal alterations

Results presented above suggested that the increased fitness in µEv strains was inheritable. To identify the underlying genetic basis, we sequenced the genomes of strains CAF2-RFP, µEv93, µEv180, and µEv366. Post-sequence cleanup and SNP calling were carried out and allele ratios at heterozygous sites (ABHet) were determined, allowing the identification of major chromosomal rearrangements, in particular aneuploidy and loss-of-heterozygosity events. This analysis revealed that the µEv93 strain displayed a triploidy of chromosome 7, with two copies of haplotype A and one copy of haplotype B (Fig. 4A). Such triploidy was not present in the subsequent evolved strains (µEv180 and µEv366) that recovered diploidy of chromosome 7 (one copy of each haplotype A and B), suggesting that it was not responsible for the gain of fitness seen across the sequenced micro-evolved strains. In addition, all micro-evolved strains displayed a whole chromosome 6 homozygosis (Fig. 4B). Notably, these three strains were distinguished from the wildtype strain by a homozygous nonsense mutation in the chromosome 6borne FLO8 gene. A change from G to A mutates the glutamine 201encoding TGG codon in the Flo8 protein to a TAG (STOP) in the FLO8 gene. The flo8^{Q201*} allele was not present in the parental strain suggesting that it had arisen upon passage in the gastrointestinal tract and subsequently been brought to homozygosis due to whole-chromosome 6 loss-of-heterozygosity. It has been shown that a *C*. *albicans flo8* Δ mutant has defects in hyphal formation (Cao et al., 2006) while overexpression of FLO8 leads to constitutive filamentation (Polvi et al., 2019). All evolved strains were unable to form filaments when growing in 5 % or 100 % FBS (fetal bovine serum), consistent with a FLO8 altered genotype (Fig. 4C) and downregulates Flo8-dependent genes (Fig. S4).

2.5. FLO8 wt allele causes sensitivity to bile salts

To define the role of *FLO8* in μ Ev strains, we constructed a genetic cassette to ectopically integrate a wild type *FLO8* allele at the neutral *NEUT5L* locus (Gerami-Nejad et al., 2013) under its native regulation. The defect in filamentation in a *flo8* Δ mutant was restored upon reintroduction of this construction under both sub-inducing (5 % FBS) and fully inducing (100 % FBS) conditions (Fig. 5A). *FLO8* reintegration in μ Ev strains (μ Ev#-pFLO8) also restored filamentation in the presence of both 5 % and 100 % FBS, although partially (Fig. 5A). Strain μ Ev93 forms non-filamentous colonies on solid medium supplemented with BSA (Fig. 5B), a phenotype that was alleviated by integrating a wild-type copy of *FLO8*.



Fig. 2. Role of Wor1 in micro-evolved strains. (A) Phloxine B staining of CAF2-RFP and micro-evolved strains obtained after 93 days (μ Ev93), 180 (μ Ev180) days, or 366 days (μ Ev366) growing in YPD plates. (B) *WOR1* mRNA expression determined by qPCR in exponential phase cells from CAF2-RFP, μ Ev93, μ Ev180, and μ Ev366 strains. **p < 0.01, ***p < 0.001. C) Colonization levels of μ Ev93 strain lacking *WOR1* gene (μ Ev93-*wor1* Δ , red). Data from CFU determination from stool samples obtained from 3 mice (expressed as mean \pm SEM). (D) Competition in colonization between CAF2-GFP (green) and μ Ev93-*wor1* Δ strain (red). Mice were inoculated with a 1:1 mix of both strains. Data from CFU determination from stool samples obtained from 3 mice (expressed as mean \pm SEM). (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)



Fig. 3. Analysis of colonization-related phenotypes in micro-evolved strains. Determination of phospholipase (A) and protease (B) activity of CAF2-RFP, μ Ev93, μ Ev180, and μ Ev366 strains on SEA and MEA, or BSA agar plates under normoxia and microaerophilia atmosphere after 96 h at 37 °C. (C) Bile salts sensitivity of CAF2-RFP, μ Ev93, μ Ev180, and μ Ev366 strains. D) Adhesion capacity of the μ Ev93 strain. The Adhesion Relative Index (ARI) is represented for μ Ev93 strain (using CAF2-GFP as internal control) in the large intestine (LI) and polystyrene. Individual values are shown with the mean \pm SEM. An unpaired *t*-test was used for statistical analyses. **p < 0.01, ***p < 0.001.

The reintroduction of FLO8 abolished resistance to bile salts in all uEv strains (Figs. 6A and S5). A similar effect was also observed in a $flo8\Delta$ mutant (Fig. 6B) indicating that Flo8 influences this trait. Flo8 regulates the expression of a wide range of effector genes (Cao et al., 2006; Polvi et al., 2019). Among them, we found some members of the *BMT* family of genes that mediate β-mannosylation of cell wall proteins (Courjol et al., 2015; Polvi et al., 2019; Poulain and Jouault, 2004) that would affect bile sensitivity. According to Polvi et al. data, in a $flo8\Delta$ mutant BMT2 gene is overexpressed (about 6-fold) at 37 °C, while BMT4 and BMT6 are repressed in those conditions (although BMT4 downregulation was not statistically significant). Therefore, the presence of Flo8 may reduce Bmt2 levels. As shown in Fig. 6B, a bmt2 mutant had increased sensitivity to bile salts compared to the control strain BWP17 (wt FLO8 phenotype), while the bmt4 and bmt6 mutants were slightly more resistant than BWP17 (flo8 mutant phenotype), thus suggesting a link between β -mannosylation of cell wall fungal proteins and resistance to bile salts. Bile salt resistance in the micro-evolved strains was not a

WOR1-dependent phenotype, as deletion of *WOR1* in these strains showed no changes compared to control cells while the reintroduction of a wild-type *FLO8* allele in *wor1* Δ mutant cells led to a bile salt-sensitive phenotype (Fig. S6).

Finally, to determine the role of *FLO8* in the colonization phenotypes observed for the micro-evolved strains, we performed competition colonization experiments between strain μ Ev93-pFLO8 and the CAF2-GFP parental strain. Even after the reintegration of the *FLO8* allele, μ Ev93-pFLO8 still showed an increase in fungal colonization compared with the CAF2 parental strain, with differences in fungal loads in the 10-fold range stable for more than a month (Fig. 6C). μ Ev93-pFLO8 was not able, however, to outcompete CAF2 in this assay. This colonization phenotype is significantly less drastic than the one observed before *FLO8* reintegration (see Fig. 1C), suggesting a main role for Flo8 alteration in the adaptation of μ Ev strains to the mouse gut.



Fig. 4. Genetic alteration in micro-evolved strains. (A) Plots showing the normalized sequencing depth across the eight chromosomes in CAF2-RFP, µEv93, µEv180, and µEv366 strains. Sequencing reveals that all strains are diploid except strain µEv93 which displays a triploidy of chromosome 7 (brown). (B) Plots showing the allele balance at heterozygous positions across the eight chromosomes in CAF2-RFP, µEv93, µEv180, and µEv366 strains. Sequencing reveals homozygosis of chromosome 6 (orange) in all micro-evolved strains and confirms triploidy of chromosome 7 (brown) with two copies of haplotype A and one copy of haplotype B. (C) Filamentation ability of CAF2-RFP, µEv93, µEv180 and µEv366 strains growing in YPD, YPD supplemented with 5 % FBS or FBS alone after 24 h at 37 °C. The bar indicates 10 µm. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

3. Discussion

Although *C. albicans* can cause relevant systemic infections in humans with impaired defenses, the common stage for this fungus is living in mucosa-related cavities, the intestine being the preferred niche. Analysis of the mechanisms for colonization of this niche is relevant as it is from there that most systemic candidiasis arises (Marco et al., 1999; Miranda et al., 2009; Zhai et al., 2020), when the host defenses (physical barriers, microbiota, immune system) are unable to control the proliferation and translocation of the fungus to internal organs. Such analysis is also relevant as intestinal colonization by *C. albicans* has been reported to have positive effects in animal models (Alonso-Monge et al., 2021a), suggesting that colonization by this fungus is beneficial to the human host. Since rodents are not natural hosts for *C. albicans*, antibiotic therapy is required for colonization by this fungus (Bendel et al., 2002). We used this simplified model to generate strains that are more prone to colonization of the intestine in mice, obtaining *C. albicans* variants after a prolonged period (up to 1 year). We observed that 2–3 months of



В



µEv93

µEv93-pFLO8



5 mm

Fig. 5. Effect of *FLO8* **reintegration in micro-evolved strains in filamentation.** (A) Filamentation capacity of CAF2-RFP, *flo8*Δ mutant, and micro-evolved strains with the *FLO8* reintegrated allele (*flo8*Δ-pFLO8, μEv93-pFLO8, μEv180-pFLO8, μEv36-pFLO8) in YPD broth, YPD supplemented with 5 % FBS or FBS alone after 24 h at 37 °C. The bar indicates 10 μm. (B) Colony morphology of the indicated strains on BSA agar plates after 96 h at 37 °C.

colonization are enough to generate both transient and stable genetic changes that enable increased fitness. Aneuploidies often arise in response to antifungals and other chemical stressors (Forche et al., 2009; Polvi et al., 2019; Selmecki et al., 2006; Selmecki et al., 2009) and have been reported as mechanisms of host adaptation and genetic diversity (Ene et al., 2018; Forche et al., 2018; Forche et al., 2019). In our evolution experiment, we identified a transient trisomy of chromosome 7 (only in µEv93), which has been previously observed either in nature (in clinical isolates) and in Candida cells passaged in the mouse model with apparently opposite outputs, which make it difficult to determine whether this trisomy confers a biological advantage for the fungus in the adaptation to this specific niche. Tso et al. (2018) showed no increased competitive fitness in 10 weeks (70d) micro-evolved strains (12 strains across 10 evolution lineages) harboring a Chr7 trisomy. Other groups, on the other hand, observed that strains evolved in the intestine for 42 days acquired an extra copy of Chr7 linked to an increased fitness, where 3× Chr7 strains outcompeted the 2x Chr7 parental strains (Kakade et al., 2023). These apparent discrepancies open the possibility that certain genetic changes may be not stable, but transitory during adaptation and

are more frequent in a certain range of time of micro-evolution (42d vs 70d vs >93d) that differ in the different laboratories. Some authors discuss that aneuploidies are usually unstable, and reversion to a euploid state is common once adaptation has been achieved (Bouchonville et al., 2009; Sun et al., 2023). Both loss-of-heterozygosity (LOH) and aneuploidy events have also been observed in the oral cavity where 24 h of infection in the OPC model was sufficient to induce genomic modifications. In this particular niche, both 3xChr6 and 3xChr5 were found to be the most frequent selected changes for the evolution to a commensal-like phenotype eliciting lower inflammatory host response while similar oral fungal burden than their 2x progenitors (Forche et al., 2018; Forche et al., 2019). Beyond large-scale genomic rearrangements, all three µEv93, µEv180, and µEv366 have a mutated FLO8 allele in homozygosis due to the LOH of Chr6. This nonsense mutation $FLO8^{Q201*}$ leads to a truncated protein that would keep minimal if any, functionality of the 792 amino-acid Flo8 protein. This specific mutation is different from those previously described after 8 or 10 weeks of colonization in the FLO8 gene (also together with an LOH in Chr6) that leads to different frameshift or nonsense mutations (Tso et al., 2018). This region should



Fig. 6. Role of Flo8 in bile salt sensitivity and colonization of micro-evolved strains. Bile salts sensitivity of (A) micro-evolved strains with a reintegrated wt *FLO8* allele; (B) *flo8* Δ mutant with a reintegrated wt *FLO8* allele and mannosylation-related mutants. (C) Competition in colonization between CAF2-GFP (green) and μ Ev93-pFLO8 (blue) strains. Mice were inoculated with a 1:1 mix of both strains. Data from CFUs determination from stool samples obtained from 3 mice (expressed as mean \pm SEM). Paired *t*-test was used for statistical analyses at each time point. *p < 0.05, **p < 0.01, ***p < 0.001. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

be therefore considered a mutational hotspot since other *FLO8* allelic variations with five additional non-synonymous SNPs have been identified in *C. albicans* strains isolated from women with vulvovaginal candidiasis (Liu et al., 2015).

Micro-evolved strains were unable to produce hyphal growth even in the presence of 100 % FBS, behaving like a flo84 mutant (Cao et al., 2006). Even though other genetic alterations could contribute to the defects in filamentation, the integration of one copy of FLO8 significantly restores the ability to filament in micro-evolved strains. Although evolution lineages may be different in humans, the yeast morphotype is important for adaptation to the murine niche (Román et al., 2018; Vautier et al., 2015) and C. albicans isolates that exhibit an increased fitness retain the ability to produce hyphae in the mice model of commensalism (Alonso-Monge et al., 2021b). Wor1 is known to control the white/opaque switching and the conversion to GUT cells in C. albicans (Huang et al., 2006; Pande et al., 2013). WOR1 overexpression has been recently described to block the yeast-to hypha transition in the presence of 100 % FBS and in hog1 hyper filamentous mutants allowing the colonization of the murine intestine (Román et al., 2023). Therefore, it seemed reasonable to consider an influence of Wor1 in the phenotype observed, especially since micro-evolved strains display a higher phloxine B staining (a characteristic of opaque and/or WOR1 overexpressing cells). Micro-evolved strains displayed up to a 6-fold increase in WOR1 mRNA levels however, interestingly, we did not observe GUTlike phenotype nor defects in alternative carbon source utilization (associated with WOR1 overexpression (Hidalgo-Vico et al., 2022; Prieto et al., 2017). Although the enhanced level of WOR1 expression observed in our micro-evolved strains may contribute to promoting gut colonization, deletion of the WOR1 gene in the µEv93 strain maintained a high

colonization load and outcompeted its parental strain in the murine models indicating that adaptation to the gut is not due to this single factor.

To stably colonize Candida cells must be able to adhere to the intestine. Hyphae have been traditionally shown to have increased adhesion to certain surfaces and mediate biofilm formation that could, in principle, contribute to colonization (Cota and Hoyer, 2015; Lipke, 2018; Verstrepen and Klis, 2006). Most assays in the literature have been performed on abiotic surfaces (such as polystyrene) or simple cellular models that do not mimic the complexity of the gut mucosa. In our ex vivo model, we have detected that the µEv93 strain presents a higher adhesion capacity to the mucosa but shows reduced adherence to an abiotic surface, resembling the behavior of CAI4-WOR1 $^{\mathrm{OE}}$ and hog1-WOR1^{OE} strains (Prieto et al., 2017; Román et al., 2023) and suggesting that adhesins not associated with the filamentous form may be responsible for adhesion to the gut mucosa. As hyphal morphology is a key virulence factor in C. albicans, filamentous growth is controlled by a specific humoral antifungal response mediated by sIgAs preferentially directed to this morphology (Doron et al., 2021; Ost et al., 2021) and commensal adaptation should select less pathogenic variants as it has been recently described (Tso et al., 2018). Proteases and phospholipases are well-known virulence factors in C. albicans (Schaller et al., 2005) although their potential role as invasins upon gut colonization is still not clear. We observed that micro-evolved strains have lower phospholipase and protease activity; however, this phenomenon may not be due to WOR1 overexpression as hydrolytic activities are enhanced in a hog1-WOR1^{OE} (Román et al., 2023). The fact that FLO8 mutated alleles and an extra copy of NRG1 which is located in Chr7 are selected variants in micro-evolved strains (this work and Kakade et al., 2023; Tso et al.,

2018) is consistent with the specific genes that these transcriptional factors regulate, which include specific hyphal associated genes, including *SAP4-6* proteinases and *ECE1*, but also hyphal independent SAP genes such as *SAP1* and *SAP3* in the case of *EFG1* or *SAP5* which is repressed by *NRG1* (Ernst, 2000; Felk et al., 2002; Korting et al., 2003; Murad et al., 2001). Low glucose, NAG, and hypoxia are environmental factors present in the gut that can activate the cAMP/PKA pathway. Downstream elements of this pathway, like Efg1 and Nrg1, control the expression of aspartyl proteases such as Sap7 and Sap9 or the lipase Lip4 (Ene et al., 2012).

Microbes entering the gut need to cope with several kinds of environmental stresses, such as oxygen limitation, the presence of bile, osmotic and oxidative stress, and the availability of carbon sources among others. Interestingly, micro-evolved strains did not display improved growth in those conditions in vitro, except for bile salts. Micro-evolved strains were also resistant to azoles, a phenotype that fits with the behavior already described for flo8 mutants (Li et al., 2019). We previously showed that WOR1 overexpressing cells display an increased susceptibility to bile salts in vitro, a feature that has been associated with its reduced colonization levels at early colonization time points and its lower relative proportion in the small intestine but not essential for longterm colonization (Prieto et al., 2017). Micro-evolved strains are markedly resistant to this compound, a phenotype that seems to be independent of WOR1 but dependent on FLO8 probably due to the β-mannosylation pattern. This transcription factor activates the expression of BMT4 and BMT6 while repressing BMT2 expression (Polvi et al., 2019), which correlates with the pattern of sensitivity of the corresponding BMT mutants. The lack of Flo8 produces an alteration in mannan exposure at the C. albicans surface that is differentially recognized by the a-mannan receptor Dectin-2, involved in immune protection against systemic infection (Lv et al., 2020). It may be tempting to speculate that a hyphal-related Flo8-dependent mannosylation pattern would affect the access of bile salts components to the fungal plasma membrane, although Crz2, another gene involved in gastrointestinal fitness, also alters resistance to bile and alters cell wall phosphomannan content (Znaidi et al., 2018).

In conclusion, we report here the generation of *C. albicans* strains adapted to the gastrointestinal tract in a commensalism murine model and describe chromosomal reorganizations, some of which perdured in time, that are responsible for this. Our results indicate that inactivation of Flo8 is a major mechanism of adaptation to the gut of *C. albicans*, although *WOR1* overexpression would also contribute to this phenotype. Both proteins have been related *in vitro* in response to CO_2 via SUMOylation of Wor1 via Wos1 in a Flo8-dependent manner (Yan et al., 2015) but whether they are both interconnected in vivo remains unknown.

All this data let us suggest a tentative model for *C. albicans* colonization where the balance Wor1/Efg1 may generate $Flo8^{High}$ and $Flo8^{Low}$ subpopulations with different colonization fitness and Bmt expression patterns that confer differential sensitivity to bile salts (Fig. 7).

While our results provide some keys to explain the adaptation of *C. albicans* to the mammalian gastrointestinal tract, it should be kept in mind that microbiome, immune system, and diet profoundly influence the ability of microbes to colonize specific niches and that *C. albicans* is not a natural mice commensal. Validation of these results to humans will surely require alternative and additional experimental approaches.

4. Conclusions

Long-term adaptation of *C. albicans* to the mouse gastrointestinal tract involves permanent and transient chromosomal reorganizations. Loss of function of the *FLO8* gene is partially responsible for increased fitness in the intestine in these strains which show impaired filamentation and resistance to bile salts. An altered β -mannosylation pattern contributes to this bile salt resistance and links gastrointestinal fitness with cell wall architecture.



Fig. 7. Model for regulation of gastrointestinal colonization and bile salt sensitivity in *C. albicans.* The transcription factors Wor1 and Efg1 repress each other and promote different *C. albicans* phenotypes. The balance of those during colonization would alternate Flo8^{High} and Flo8^{Low} subpopulations that display different colonization fitness and present alterations in Bmt expression conferring them differential bile sensitivity.

5. Material and methods

5.1. Strains and growth conditions

All *C. albicans* strains used in this study are listed in Table 1. Microevolved strains were obtained by sequential weekly passages in C57BL/6 mice (see *In vivo* procedures) from the original CAF2-RFP strain. *C. albicans* cells were recovered periodically from stools by plating on YPD media supplemented with chloramphenicol 20 µg/mL at 37 °C. Every 2 months a new set of mice (n = 2) were inoculated with colonies from the previous group. The process was repeated for up to 366 days (six groups of mice). Isolated clones were stored in 50 % glycerol at -80 °C. For clarity and intuitiveness, we named each clone µEv followed by the accumulated number of days that have colonized the mouse gut (µEv#). The construction of µEv#-*wor1*Δ, *pFLO8* reintegrants, and other control strains are described in the Genetics Procedures section.

Table	1
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Candida	albicans	strains	used	in	this	work

Strain	Genotype	Reference
CAI4	ura3::imm434/ura3::imm434 iro1/iro1::	(Fonzi and Irwin,
	imm434	1993)
CAF2	URA3/ura3::imm434 iro1/iro1::imm434	(Fonzi and Irwin,
		1993)
CAF2-RFP	[CAF2] ADH1/adh1::TDH3 ^{PR} tTA TET ^{PR} -	(Prieto et al., 2014)
	dTOM2	
CAF2-GFP	[CAF2] ADH1/adh1::TDH3 ^{PR} tTA TET ^{PR} - GFP	(Prieto et al., 2014)
flo8	[CAI4] flo8/flo8:: hisG-URA3-hisG	(Cao et al., 2006)
flo8 eHygB	[flo8 Δ/Δ] NEUT5L/neut5l::HygB ^R	This work
flo8-pFLO8	[flo8Δ/Δ] NEUT5L/neut5l::FLO8 ^{PR} -FLO8-	This work
	HygB ^R	
BWP17	[CAI4] his1::hisG/his1::hisG arg4::hisG/	(Wilson et al.,
	arg4::hisG	1999)
bmt2	[BWP17] bmt2::ARG4/bmt2::HIS1	(Mille et al., 2008)
bmt4	[BWP17] bmt4::ARG4/bmt4::HIS1	(Mille et al., 2008)
bmt6	[BWP17] bmt6\alpha::ARG4/bmt6\alpha::HIS1	(Mille et al., 2012)
μEv93	[CAF2-RFP] *	This work
μEv180	[CAF2-RFP] *	This work
μEv366	[CAF2-RFP] *	This work
μEv93-wor1	[µEv93] wor1::SAT1/wor1::SAT1	This work
µEv93-pFLO8	[µEv93] NEUT5L/neut5l::FLO8 ^{PR} -FLO8-	This work
	HygB ^R	
μEv180-p <i>FLO8</i>	[µEv180] NEUT5L/neut5l::FLO8 ^{PR} -FLO8-	This work
	HygB ^R	
µEv366-pFLO8	[µEv366] NEUT5L/neut5l::FLO8 ^{PR} -FLO8-	This work
	HygB ^R	
µEv93-wor1-	[μEv93-wor1Δ/Δ] NEUT5L/neut5l::	This work
pFLO8	FLO8 ^{PR} -FLO8-HygB ^R	
μEv180-wor1-	[μEv180-wor1Δ/Δ] NEUT5L/neut5l::	This work
pFLO8	FLO8 ^{PR} -FLO8-HygB ^R	

Cells were routinely grown in liquid YPD medium (2 % glucose, 2 % peptone, 1 % yeast extract) at 37 °C and growth was estimated by O. D.₆₀₀ measurements. Microaerophilic or anaerobic atmospheres were achieved in an anaerobic chamber by using commercial systems (GEN-Box Microaer or Anaer, BioMérieux).

To perform the drop tests, 5 μ l from suspensions containing approximately 10⁵ stationary cells and from ten-fold serial dilutions were spotted onto solid medium plates (2 % agar). YPD medium was supplemented with phloxine B, hydrogen peroxide, sodium chloride, fluconazole, miconazole, or bile salts (all from Sigma) at the indicated concentrations and incubated for 24 h at 37 °C. Minimal medium (MM) (0.17 % yeast nitrogen base without amino acids, 0.5 % ammonium sulfate) was supplemented with 2 % glycerol, glucose, sodium acetate, sodium citrate, ethanol, or 0.12 % olive oil/0.2 % Tween 80 (Sigma) and incubated for 72 h at 37 °C.

Bile salts sensitivity was also assessed through a CFU viability assay. *C. albicans* cells were incubated for 7 h in YPD broth with or without 0.2 % bile salts. Ten-fold serial dilutions from each culture were spread in YPD-agar plates and incubated at 37 °C for 24 h.

5.2. Genetic procedures

Reintegration of a wild-type *FLO8* version in μ Ev and *flo8* Δ strains was achieved as follows. SAT1 selection marker from the pDUP3 plasmid (Gerami-Nejad et al., 2013), digested with Pme I/Not I, was replaced by a 2092 bp PCR fragment harboring CaTEF2 promoter-CaHygB-ACT1 terminator from the pLC1031 (Kim et al., 2019) using o-pDUP3-HygBup and o-pDUP3-HygB-rev primers previously digested with PmeI/NotI to generate the pDUP3-HygB plasmid. We amplified a 5363 bp fragment containing a 2296 bp upstream region from the ORF, the FLO8 ORF and 590 bp of the downstream region from the strain SC5314 by using the primers UP_FLO8XmaI and LO_FLO8NotI. The 5363 bp PCR product was digested with XmaI/NotI and accommodated in the pDUP3-HygB previously digested with XmaI/NotI generating the pNTHg-FLO8 plasmid (shortened as pFLO8). Control strains (eHygB) were obtained by integration of pDUP3-HygB. Control (eHygB) and FLO8 reintegrated strains were obtained by integrating either pNTHg-FLO8 or pDUP3-HygB digested with SfiI at the NEUT5L locus. Transformants were selected on YPD plates supplemented with 400 µg/ml of hygromycin. All C. albicans strains were transformed by electroporation using a described procedure (Köhler et al., 1997).

WOR1 deletion in µEv strains was achieved using the Transient CRISPR-Cas9 system that uses separate CaCAS9 and sgRNA cassettes as described (Min et al., 2016; Román et al., 2019). The sgRNA expression cassette directed against WOR1 was constructed by fusing the SNR52 promoter and the sgRNA scaffold in three DNA synthesis steps. In the first step, we amplified SNR52 promoter (PCR1, 1.5 kbp) and sgRNA scaffold and terminator (PCR2, 1 kbp) in two independent PCR from the pV1093 plasmid (Vyas et al., 2015) by using SNR52/F and SNR52/ R WOR1, as primers 1 and 2 for PCR1 and primers SNR52/F WOR1 and sgRNA/R, as primers 3 and 4 for PCR2. Primers 2 and 3 carry 20 complementary bases of guide sequence that match at position 1346 bp downstream to the starting methionine of WOR1 ORF. In the second step, primer extension is used to fuse both PCRs. In the third step, we used primers SNR52/N and sgRNA/N to generate the final sgRNA expression cassette. The CaCas9 5.574 kbp cassette was amplified from pV1093 (Vyas et al., 2015) plasmid using primers CaCas9/for and CaCas9/rev. The repair template cassette contains 80-pb arms homologous to sequences upstream and downstream from the WOR1 coding region and the SAT1 marker and was amplified using primers WOR1_del_F and WOR1_del_R from pNIM1R-GFP (Prieto et al., 2014) containing the SAT1 selection marker and 80 bp homologous arms to both sides of WOR1 ORF. PCR products of CaCas9, sgRNA and SAT1 repair template cassettes were co-transformed into $\mu Ev93$ and $\mu Ev180$ strains and selected on YPD supplemented with 200 µg/ml of nourseothricin. WOR1 deletion was determined by PCR using genomic DNA and primers 80 bp upstream or downstream to the homologous region Comp_-WOR1_F and Comp_WOR1_del_R and a primer complementary to the *SAT1* sequence Comp_SAT1_del_F. Primers are listed in Table 2.

5.3. In vivo procedures

Experiments involving animals were performed in the animal facility at the Medical School of the Universidad Complutense de Madrid following the "Real Decreto 1201/2005, BOE 252" for the Care and Use of Laboratory Animals of the "Ministerio de la Presidencia," Spain. Animal procedures were approved by the Animal Experimentation Committee of the Universidad Complutense de Madrid and Comunidad de Madrid according to "Artículo 34 del RD 53/2013" (PROEX 226/15 and 320.8/21). The number of animals used was adjusted to a minimum for ethical reasons. All procedures were conducted minimizing mice suffering.

We used the mice commensalism model previously described (Prieto et al., 2014). Briefly, 7–10 weeks-old female mice C57BL/6 (Charles River Laboratories España S.A.U) were pre-treated with an antibiotic combination in the drinking water (2 mg/mL streptomycin, 1 mg/mL bacitracin, and 0.1 mg/mL gentamycin and 0.25 mg/mL fluconazole). Antifungal was removed 24 h before inoculation of a single gavage of 10^7C . *albicans* cells in 100 µL of sterile PBS. For competition assays a 1:1 mix from the desired strains was prepared. Fungal levels were quantified by CFU counting from fresh stool samples collected from each mouse every 2–4 days after mechanical homogenization in PBS. Tenfold serial dilutions were plated on SD medium (2 % glucose, 0.5 % (NH₄)₂SO₄, 0.17 % yeast nitrogen base and amino acids, 20 µg/ml chloramphenicol) and incubated for two days.

5.4. Filamentation assays

Filamentation assays in liquid media were performed by inoculation of 1.25 x 10^6 cells in 2 mL YPD supplemented with 5 % or 100 % FBS (heat-inactivated fetal bovine serum, BioWhittaker). Cells were incubated for 24 h at 37 °C and observed in the microscope. Filamentation on solid media was performed by plating 100 yeast cells onto BSA medium (2 % glucose, 3 % bovine serum albumin, 1.6 % agar, 20 µg/ml chloramphenicol) and after 7 days at 37 °C before scanning.

5.5. Hydrolase activity

To determine phospholipase and protease activity, $\sim 5 \times 10^4$ cells from overnight cultures were spread onto MEA (Malt extract agar) 6.5 %; egg-yolk 2 %; NaCl 1–0.5 M; peptone 0.1 %; dextrose 2 %; CaCl2 0.055 %, 20 µg/ml chloramphenicol), SEA (Sabouraud chloramphenicol agar) 6.5 %; egg-yolk 2 %; NaCl 1–0.5 M; CaCl₂ 0.0055 %, or BSA (yeast carbon base 1.17 %; YNB 0.01 %; agar 2 %, 20 µg/ml chloramphenicol) agar plates and incubated for 96 h (MEA, SEA) or 120 h (BSA) at 37 °C under normoxia or microaerophilia for 96 h before plates were scanned (Echevarría et al., 2002).

5.6. Adhesion assay

An internal control (CAI4-GFP) was introduced in both biotic and abiotic adhesion assays. Adhesion to large intestine mucosa was assessed as previously described (Prieto et al., 2014). A 1 cm intestinal piece is excised from recently euthanized mice. It was longitudinally opened and washed with PBS before placing it in a 4 mm-diameter methacrylate chamber. A suspension of 2×10^6 of *C. albicans* cells per mL (1:1 mix of the tested strain and the internal control) in RPMI medium is prepared. 10^5 yeast cells from this suspension were placed in the lumen side and incubated for 150 min at 37 °C. Afterwards, the intestinal tissue is washed with sterile PBS twice to remove non-adhered cells and mechanically disaggregated. Adhesion to polystyrene was performed in 24-well flat bottom plates for cell culture. A suspension of 2×10^4 cells/mL

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rimers used in this work.	
Primer	Sequence $(5-3)$
o-pDUP3-HygB-up	ACGTAGATCTGTATAGTGCTTGCTGTTCGATATTGC
o-pDUP3-HygB-rev	AGGTATCGATCATCATTTTATGATGAATGAG
UP_FLO8XmaI	CTATCCCGGGGGCGCCACATAGTAGCAACATCAGTG
LO_FLO8NotI	GTTAGCGGCGCGCGCGGGCGCGGGCGGGCGGGCGGGCGGG
SNR52/F	AAGAAAGAAAAAACCAGGAGTGAA
SNR52/R_WOR1	CCAGTATAATCTGGTTCAATTAAAAATAGTTTAGGCAAGTC
SNR52/F_WOR1	AATGAACCAGATTATACTGGGTTTTAGAGCTAGAAATAGCAAGTTAAA
sgRNA/R	ACAAATAITITAAACTOGGGACCTGG
SNR52/N	GCGGCCGCAAGTGATTAGACT
sgRNA/N	GCAGCTCAGTGATTAAGAGTAAAGATGG
CaCas9/for	ATCTCATTAGATTTGGAACTTGTGGGGTT
CaCas9/rev	TTCGAGGGTCCCAAAACCTTCT
WOR1_del_F	ATCTGTCTTATATATATATATATGGGGGGTGGAAAACGAAAACAACAATTAGTATAATTCAATTCAATTCAATATTAAGCGTCAAAACTAGAGAATAATAAAGAAAACG
WOR1_del_R	ACACAGACCACATATATAAGATATACCAAATGTAAAAAAAA
Comp_WOR1_F	CCATTTACGECGCACAAACG
Comp_WOR1_del_R	CCCAAATTTTTGATTTTTCAGC
Comp_SAT1_del_F	CACGTATAAAACTAGACTCAAGTCTCG
HWP1-RT-for	TGGTGCTATTACTATTCCGG
HWP1-RT-rev	CAATAATAGCAGCACGAAG

(1:1 mix of the tested strain and the internal control) in YPD medium is prepared. 10^4 yeast cells from this suspension were added to each well in YPD medium and incubated for 90 min at 37 °C. After washing 3 times with sterile PBS adhered cells were mechanically detached. In both biotic and abiotic assays, CFU from the adhered fraction was determined on SD plates where strains were differentiated as RFP positive (pink colonies) or negative (white colonies). Adherence is expressed as Adhesion Relative Index (ARI) obtained by dividing the proportion of tested strain in adhered cells by its proportion in the inoculum.

5.7. Genome analysis

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Genomic DNA was isolated from stationary phase cells (grown in YPD medium at 37 °C for 18-20 h) using the QIAamp DNA mini kit (Qiagen) according to the provided protocol. The genomes were sequenced at the Biomics platform of Institut Pasteur using the Illumina sequencing technology. Paired-end reads of 150 bp were obtained. Reads have been deposited at the NCBI Sequence Read Archive under BioProject ID PRJNA977487. Analysis of the genome sequencing data used methods detailed elsewhere (Ropars et al., 2018).

5.8. RNA isolation and RT-PCR analysis

Cells grown overnight in YPD at 37 °C were diluted to an O.D.₆₀₀ of 0.1, grown to the exponential phase (O.D.₆₀₀ = 0.8) and collected. RNA was extracted by using nitric acid-treated glass beads in a Fast prep breaker followed by using the RNeasy kit (Qiagen®) according to the manufacturer's protocol. 1 µg of RNA was used to synthesize cDNA by using the PrimeScript RT kit (Takara). RT-qPCR reactions were prepared using SYBR-Green (PCR Master Mix, Roche). Primers for amplifying *ACT1*, *WOR1*, *ECE1*, and *ALS3* mRNA were already described (Román et al., 2023). Amplification of *HWP1* mRNA was performed with primers in Table 2.

5.9. Statistical analysis

Statistical differences between the two groups were calculated using Student's two-tailed unpaired t-tests, with alpha = 0.05. Computations assume that samples represent populations with the same scatter (SD). When comparing more than two groups with the control, ordinary oneway ANOVA and Dunnett's multiple comparisons test were used (alpha = 0.05).

CRediT authorship contribution statement

Susana Hidalgo-Vico: Writing – original draft, Methodology, Investigation, Formal analysis, Conceptualization. Daniel Prieto: Writing – review & editing, Writing – original draft, Visualization, Methodology, Investigation, Formal analysis, Conceptualization. Rebeca Alonso-Monge: Writing – review & editing, Supervision, Project administration, Funding acquisition, Conceptualization. Elvira Román: Writing – review & editing, Supervision, Formal analysis, Conceptualization. Corinne Maufrais: Writing – original draft, Methodology, Investigation, Formal analysis. Christophe d'Enfert: Writing – review & editing, Writing – original draft, Supervision, Project administration, Funding acquisition, Conceptualization. Jesús Pla: Writing – review & editing, Writing – original draft, Supervision, Project administration, Funding acquisition, Formal analysis, Conceptualization.

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Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Appendix A. Supplementary data

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