

First Case of Lethal Encephalitis in Western Europe Due to European Bat Lyssavirus Type 1

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Keywords

- Encephalitis; European bat lyssavirus type 1; Lyssavirus; Metatranscriptomics; Next Generation
- Sequencing

Running title

EBLV-1a Lyssavirus lethal Encephalitis

Keypoints

- European Bat Lyssavirus type 1 is prevalent in bats in Europe. We present the first human case
- identified in Western Europe. Unless vaccinated against rabies, the public should avoid direct
- interactions with bats.

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-

Abstract

Background

 Inaccurate diagnosis of encephalitis is a major issue as immunosuppressive treatments can be deleterious in case of viral infection. The European bat lyssavirus type 1, a virus related to rabies virus, is endemic in European bats. No human case has yet been reported in Western Europe. A 59 year-old patient without specific past medical history died from encephalitis. A colony of bats lived in an outbuilding of his house. No diagnosis was made using standard procedures.

Methods.

We used a Next Generation Sequencing (NGS) based transcriptomic protocol to search for pathogens

in autopsy samples (meninges and brain frontal lobe). Results were confirmed by PCR and by antibody

testing in serum. Immunochemistry was used to characterize inflammatory cells and viral antigens in

brain lesions. Cells and mice were inoculated with brain extracts for virus isolation.

Results

 The patient's brain lesions were severe and diffuse in white and gray matter. Perivascular inflammatory infiltrates were abundant and rich in plasma cells. NGS identified European bat lyssavirus type 1a in brain, which was confirmed by PCR. A high titer of neutralizing antibodies was found in serum. No viral antigen was detected and the virus could not be isolated by cell culture or by mouse inoculation.

Conclusions

 The patient died from European bat lyssavirus type 1a infection. NGS was key to identifying this unexpected viral etiology in an epidemiological context that did not suggest rabies. People exposed to bats should be strongly advised to be vaccinated with rabies vaccines, which are effective against EBLV-1.

Introduction

 Encephalitides are defined by inflammation of the brain parenchyma and are mostly of infectious origin, but the underlying pathogen frequently remains unknown[1]. In addition, inflammation may be associated with autoimmunity (e.g. autoantibodies against neurotransmitter receptors[2]), which is, in some cases, due to an infectious trigger[3]. *In vivo*, blood and cerebrospinal fluid (CSF) based assays, although used routinely for diagnostic purpose, are also associated with poor performance. Although difficult to access, cerebral tissue is the most informative sample in encephalitides[4], while CSF and other clinical samples are surrogates, more readily available in clinical practice. Here, using agnostic 82 metatranscriptomics procedures, we analyzed the brain tissue from a fatal case of encephalitis with unusual pathological features for which a viral etiology was suspected. We found evidence of infection by the European bat lyssavirus type 1a (EBLV-1a), a rabies-related lyssavirus, which widely circulates in some European bats (mainly the common serotine or *Eptesicus serotinus*). This case demonstrates that the risk of bat lyssavirus transmission to human exists in Europe.

Methods

Case history

 A 59-year-old patient without specific past medical history was hospitalized in July 2019 for temporal headache, phono- and photophobia, vomiting, dysarthria and swallowing disorders, which had started 3 days earlier. His family reported that he had had asthenia without weight loss or anorexia for a few months. No travel outside France was noted in the previous two years. The patient lived in central France in a rural wooded area. After the cause of the death was established, the family reported that in an outbuilding of his house lived a colony of bats. At admission, physical examination showed mild fever (38.5°C), paralysis of the oculomotor (III), left abducens (VI) and facial (VII) nerves, salivary stasis and dysphonia. No other sensory or motor deficit was noticed. The main clinical and non-clinical

 findings are described in Table 1. A few hours after admission, the patient developed an acute coma for which mechanical ventilation was introduced. Suspecting meningoencephalitis, a treatment with acyclovir (800 mg/8h) and amoxicillin (12g/24h) was started. In the two following days, a complete paralysis of all cranial nerves was evidenced associated with the progression to a non-reactive coma and clinical seizures. The electroencephalogram (EEG) showed no status epilepticus under leviteracetam but a poor cerebral activity. Because immune encephalitis was suspected, treatment with intravenous immunoglobulins (32 g/day for 5 days) and steroids (methylprednisolone 1 g/day for 3 days, followed by 2 mg/kg/day) were started. Serial EEG monitoring showed a severe worsening of electrical activity over a few weeks with diffuse theta frequency and delta frequency organization, potentially compatible with necrotizing encephalitis. MRI findings at day 5 and 23 post-admission in the ICU are described in Fig. 1. ICU evolution was characterized by a non-reactive coma without any improvement despite absence of any status epilepticus. Fifty-one days after admission, in the face of persistent coma, the patient died following withdrawal of life-sustaining therapy and an autopsy was 110 performed in accordance with current French regulation, after obtaining informed consent from the patient's family and query of the National Refusal Register (Agence de la Biomedecine).

 A full description of pathological findings is presented as Supplementary data. In brief, the brain was edematous. At microscopic examination, the lesions were diffuse, observed in both white and grey matter, and in all of the samples. They were characterized by abundant inflammatory perivascular infiltrates, astrocytic gliosis and microglial activation, in contrast with limited necrosis [Fig. 2]. The perivascular infiltrates were rich in plasma cells [Fig. 2]. The cerebellum was severely damaged with loss of Purkinje cells. The roots of the cranial pairs were atrophic.

 Despite the absence of a cytopathogenic effect, including Negri's bodies, the lesions were not evocative of autoimmune encephalitis, but rather suggested a viral origin due to the involvement of both white and grey matter and the spread of plasma cell infiltrates. For this reason, frozen samples were sent to the collaborative diagnostic platform of the Institut Pasteur and Necker Hospital for further analysis aimed at identifying a pathogenic agent.

 Post Autopsy Diagnostic Methods We used Next Generation Sequencing (NGS)-based transcriptomic analysis to search for viral transcripts in meninges and brain frontal lobe. This technique is agnostic and provides sequences of both the human transcriptome and pathogen, the latter of which that may be identified by similarity with known microbes. RNA from meninges and brain frontal lobe samples were extracted and used to construct a cDNA library and sequenced using the Illumina technology. Sequences were aligned after translation against a comprehensive viral protein reference database (details in supplementary data). We completed the viral genome gaps by applying standard molecular biology methods (supplementary data). Once the pathogen identified, we used previously described PCRs(Supplementary data and [5–7]) to confirm the presence of virusfrom necropsy samples and CSF. Classical reference methods for the *post-mortem* diagnosis of rabies were performed on non-fixed meninges and brain samples. They included antigen detection by the direct fluorescent antibody test (FAT)[8]) and virus isolation with the rapid tissue culture infection test (RTCIT)[9] and the mouse inoculation test (MIT)[10]. Electronic microscopy was conducted as described in Supplementary data. Detection of neutralizing antibody against rabies virus (RABV, CVS strain) and against rabies-related EBLV-1 lyssavirus (EBLV-1b, strain 8918FRA) was performed by a modified rapid fluorescent focus

inhibition test (RFFIT)[11] on serum and CSF samples.

Results

 We found sequences in meninges and brain frontal lobe samples covering the quasi-full length of a genome related to EBLV-1a lyssavirus (Genbank accession number MW551946). Based on phylogenetic analysis (Fig. 3), the closest relatives were other EBLV-1a strains from bats identified in France[12]. Based on PCR results, the viral load was around 500-fold higher in the frontal lobe than in meninges. In contrast, no viral RNA was detected in CSF sampled on the day of hospitalization and 34 days later. Immunochemical analyses of multiple paraffin-embedded brain samples using a polyclonal antiserum detecting EBLV-1a was negative, but electronic microscopy suggested the presence of rhabdovirus particles (Supplementary data). Infectious virus was not detected from these samples. A high titer (1/1200) of antibodies neutralizing EBLV-1 virus was detected in the serum sampled the day 149 of hospitalization, but not detected in the CSF samples collected the same day and 34 days later. These serum antibodies were unable to neutralize RABV.

Discussion

 Members of the *Lyssavirus* genus, *Rhabdoviridae* family, are the causative agents of rabies, a progressive viral encephalitis transmitted from infected animals by bites and scratches, or licking of mucous or wounds. Rabies virus (RABV) transmitted by non-flying terrestrial mammals has now disappeared from Western and central Europe following efficient control measures. Various other lyssaviruses, however, still circulate in bats. To date, five different lyssaviruses have been identified in Western Europe: (EBLV-1) hosted by the common serotine *(Eptesicus serotinus)*, European bat lyssavirus type 2 (EBLV-2) in Daubenton's (*Myotis daubentonii*) and pond (*Myotis dasycneme*) bats, the Bokeloh bat lyssavirus (BBLV) in Natterer's bat (*Myotis nattereri*)[13], the Lleida bat lyssavirus (LLEBV) in bent-winged bats (*Miniopterus* schreibersii) (review in[14]) and the Kotalahti bat lyssavirus (KBLV) in Brandt's bat (*Myotis brandtii*) in Finland [15]. EBLV-1 is widely spread in European and North African bat colonies[12,16,17]. Its importance in public health has been raised, as spillovers of EBLV-1 to terrestrial mammals have been described in sheep in Denmark[18], in two cats in France[19], in a stone marten (*Martes foina*) in Germany[20] and in Egyptian fruit bats (*Roussetus aegyptiacus*)[21]. To date, however, only a single human EBLV-1 case (Yuli strain, EBLV-1a lineage[22], occurring in Belgorod, Russia in 1985, has been described, though an earlier one was suspected but not characterized in Voroshilovgrad, Ukraine in 1977[23]. Therefore, the patient described in the present study represents the first identified in Western Europe, more than 35 years after the previous one(s) in Eastern Europe. We provide the first neuropathological description of the panencephalitis caused by the virus, characterized by dense plasmocytic infiltrates.

 The lack of detectable viral antigen in brain sections and the failure to isolate live virus are puzzling. Indeed, upon inoculation of mice with the Yuli strain (the only known EBLV-1a human strain), viral

 antigens were observed to accumulate in the brain, as is the case for other EBLV-1 strains [24]. Viral detection in natural cases, however, seems to be more challenging. Indeed, fatal encephalitis in cats after natural exposure to EBLV-1 has proven difficult to diagnose, as little if any antigen has been detected by immunofluorescence. Moreover, virus isolation was inefficient or even impossible in cell culture or in mice [19]. Similarly, identification of EBLV-1 antigens and virus isolation from naturally infected sheep and stone martens have also been difficult[18,20]. The absence of virus isolation in our study could have various causes, possibly in relation to the type (meninge and cortex), size or conservation of brain samples, or to sample processing to dilute inhibitors. Likewise, isolation of KBLV has been unsuccessful in cell culture using standard procedures[25]. According to his family, the patient had been suffering from asthenia for several months prior to hospitalization. It is therefore possible that brain neuroinvasion preceded the acute symptoms by several months. The viral load may have become undetectable despite the persistence of viral genomes, considering the additional delay of about two months, due to management in an intensive care unit, between the onset of major symptoms and death. EBLV-1 replication was nevertheless evidenced in the present study by the presence of antibodies neutralizing the virus in serum collected at the onset of symptoms. Antibodies elicited by EBLV-1 infection have little or no capacity to cross-neutralize RABV, as shown both in our study and previously in sheep[18]. Antibodies neutralizing lyssaviruses (RABV) have already been identified in asymptomatic humans exposed to vampire bat bites, which shows that antibody responses can be elicited in case of prolonged incubation times or clearance of the virus[26].

 Serotine bats were the most likely hosts responsible in France for human exposure to EBLV-1[27]. Transversal surveys and longitudinal capture-recapture studies have shown that infected bats may remain healthy[28,29] in contrast to earlier findings[30]. Transmission between bats seems to occur mainly by biting and is inefficient per intranasal route[30]. It is reasonable to speculate that the same applies in spillover conditions including transmission to humans. According to his family, the patient had handled a dead or sick bat from the colony living near his house at least on one occasion. The family was unaware of any cases of biting, but this type of event would probably not have been reported to the family given their unease regarding the accommodation of the bat colony. The entrance to the colony was condemned after the patient's death and any investigation regarding bat species and virological status unfortunately proved impossible.

 Inaccurate diagnosis of encephalitis is a major issue as immunosuppressive treatments can be deleterious in case of viral infection. Metranscriptomics NGS was key in identifying this unexpected viral etiology in an epidemiological context that did not suggest rabies, which is an additional demonstration of the efficacy of such techniques when applied to brain tissues in encephalitis cases[31]. The patient had no known comorbidities and in particular was not immunocompromised. 207 Our results suggest that the risk of EBLV-1 transmission to human, even if low, persists and could be higher than previously perceived. Most EBLV-1 cases in bats are probably not detected (69 cases only detected in Western Europe in 2019-2020, eurl-rabies.anses.fr), but surveys indicate that the virus circulates in bat colonies[32–34] and sometimes lead to high mortality[35]. The public should be reminded to avoid direct interactions with bats. In a context where the disappearance of rabies from terrestrial mammals in Western Europe is reducing the frequency of vaccination among professionals exposed to wildlife, people exposed to bats should be strongly incited to be vaccinated with rabies vaccines, which are effective against EBLV-1[36], and their antibody titer regulatory monitored [27] according to national recommendations[37].

Notes

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Figure legends

Figure 1: Representative images of MRI scans at 5 and 23 days of ICU admission

At day 5, Fluid Attenuated Inversion Recovery (FLAIR) transverse images showed an apparently normal cerebellum (A) whereas a well demarcated zone of high intensity was visible at the bottom of the pons (B). At that stage, the thalamus and caudate nucleus were slightly hyperintense bilaterally (C) and the other part of the brain seemed normal (D). At day 23, there was an obvious edema of the cerebellum (E) and the high intensity signal of the pons had diffused to the dentate nucleus of cerebellum bilaterally (F). The brain was overtly swollen with an increased high intensity signal of the lenticular nuclei and insula (G). This high intensity signal seemed to have diffused to the whole brain (H).

Figure 2: Histopathology of necropsy samples

Abundant inflammatory perivascular infiltrate in the caudate nucleus (a: hematoxylin eosin staining, x10), composed of T CD3+ and B CD20 + lymphocytes, among which a high number of large plasma cells (b: hematoxylin eosin staining, x400). Astrocytic gliosis, microglial activation, and neuronal loss in the caudate nucleus (c: hematoxylin eosin staining, x400). Atrophy of a nerve root in the medulla oblongata (d: hematoxylin eosin staining x100). Immunohistochemistry against rabies was negative (e: caudate nucleus, x200) whereas the cerebral cortex of a rabid patient was positive (f: cerebral cortex x200).

Figure 3: Phylogenetic analysis

Phylogenetic tree based on full-genome sequences of representatives of the lyssavirus species belonging to the Phylogroup I. Clades are collapsed into triangles representative of species diversity. The sequence of Hum1_FRA clusters into the clade EBLV1-a.

Figure 2

Figure 3

Supplementary material

METHODS

Metatranscriptomics Reverse-transcription Extraction of nucleic acids from CSFs Quantitative PCR Genome Finishing Nested-PCR Immunochemistry Transmission electron microscopy Phylogenetic analyses

SUPPLEMENTARY PATHOLOGICAL DATA

SUPPLEMENTARY TABLES

Table S1. List of primers used in quantitative PCR Table S2. List of primers used in PCR Table S3: Immunohistochemical methods. Table S4: List of Accession numbers of EBLV1, subgenotypes, Date of isolation, Country of isolation

SUPPLEMENTARY IMAGES

Figure S1: Transmission electron micrograph Figure S2: Phylogenetic analysis **REFERENCES**

METHODS

Metatranscriptomics

Nucleic acids from meninges and brain frontal lobe samples were extracted after a bead-beating step with the MagNA Lyser using the MagNA Pure Compact RNA Isolation kit (Roche Molecular Systems, Inc.) including a DNase treatment. Total RNA was used to construct a cDNA library with the SMARTer Stranded Total RNA-Seq Kit - Pico Input Mammalian (Takara Bio, kit v.2).

A total of 49 and 94 raw million reads of 150 bp for meninges and frontal lobe sample respectively were processed with an agnostic in-house bioinformatics pipeline as described¹. Sequences were aligned after translation against a viral protein reference comprehensive database (RVDB-prot.V20.0)². Ninety percent coverage of the genome was obtained by NGS from the frontal lobe sample.

Reverse-transcription

Reverse-transcription was carried out using the SuperScript IV First-Strand Synthesis System kit (Invitrogen) according to the manufacturer's instructions with random primers, 440 ng RNA input for the brain frontal lobe sample and 316 ng RNA input for the meninges sample.

Extraction of nucleic acids from CSFs

Each CSF (July, August) was mixed with ATL buffer and DX reagent into a Pathogen Lysis Tube L (QIAGEN). Bead beating was carried out twice 60 sec at full speed with 1 min resting time on ice on Minilys (Bertin). Linear acrylamide (Ambion), Proteinase K and VXL buffer (INDICAL Bioscience) were added to CSF after the bead beating step, and incubated at room temperature for 15 min. Lysate was transferred into a QIAamp mini column (INDICAL Bioscience) and purified according to the manufacturer's instructions, with a DNase treatment on the column after the binding step. Purified RNA was eluted into 50 μL of elution buffer.

Quantitative PCR

qPCR was performed in SybrGreen technology using FastStart Essential DNA Green Master kit (Roche Diagnostic) with 45 cycles of amplification, specific primers at 0.5 µM final concentration and 1 µL of cDNA. Four sets of primers were used to detect viruses [Table S1]. Each reaction was run in duplicate on a LightCycler® 96 instrument (Roche Diagnostic). Results were normalized using the human beta-actin housekeeping gene.

Table S1. List of primers used in quantitative PCR

Genome Finishing

Complete genome was obtained by conventional PCR using Phusion high fidelity DNA polymerase (Thermo Fischer Scientific FINNZYMES). Primers were designed according to our NGS sequences and a 45 cycles of amplification round was performed. The end of 5'UTR anti-genome region was obtained by RACE-PCR using 5'/3' RACE Kit 2nd Generation (Roche). After running into a 2 % agarose gel, amplicons were purified by NucleoSpin Gel & PCR Clean-up kit (Macherey-Nagel) and sequenced by Sanger sequencing.

Nested PCR

For testing CSFs, a nested PCR was performed using Phusion high fidelity enzyme kit (Thermo Fischer Scientific FINNZYMES) and sets primers [Table 2]. Thermal Cycling conditions were as follows : first round PCR at 98°C for 30 s, 45 cycles at 98°C for 15 s, annealing temperature according to the Tm of primers for 30 s and 72°C for 1min, then a final extension at 72°C for 7 min. Second round PCR was performed in the same conditions with *annealing temperature* according to primers' Tm.

Table S2. List of primers used in PCR

Primer	Sequence $(5' = > 3')$	Tm	Tm for PCR	Region	Size	Reference
1617 P 1F	TGG AGG ATA GTC AAG CCC AC	59 °C	52 °C	P	769 bp	3
2386 P 1R	TAT CTG TTK ARA TCA TCTY GC	53 °C				
1671 P 2F	CTG AGG ATA TTA AGA GGC TCA	56 °C	54 °C	P	686 bp	
2357 P 2R	GCC YAR TTT CGC CGA ATT GAC	60 °C				
4633 GL 1F	TCA CCT TCC AGA CAC CCA	56 °C	55 °C	G-L	896 bp	
5502 GL 1R	TCA GGT CTG CTT CTG GCT CA	59 °C				
4712 GL 2F	ATA TCT GTG CTT GCC CTT CT	55 °C	54 $^{\circ}$ C	$G-L$	763 bp	
5475 GL 2R	CCA CCG GAT CAT CGT AAA CC	59 °C				

Immunochemistry

The immunostaining was performed by an automate (Ventana BenchMark Stainer, Roche). The biotinylated secondary antibody was included in the detection kit (Ventana Medical Systems Basic DAB Detection Kit 250-001). The streptavidin–biotin-peroxidase complex was revealed by diaminobenzidine. Antibodies used for immunohistochemistry and pretreatments are listed in the table S3.

Table S3: Immunohistochemical methods.

CC1, a proprietary high pH (=8) buffer; CC2, a proprietary low pH (=6) buffer.

Transmission electron microscopy

Samples from brain stored during several months after autopsy were taken from macroscopically abnormal areas of the white matter. These samples were fixed in 2.5% glutaraldehyde in 0.05 M sodium cacodylate

buffer, post-fixed in 1% osmium tetroxide and embedded in epoxy resin. Ultrathin sections were stained with uranyl acetate and lead citrate and were examined using a JEOL (Flash 1400) electron microscope at 120 KeV.

Phylogenetic analyses

Phylogenetic analyses were performed using NGPhylogeny.fr⁴. The glycoprotein complete CDS of the French EBLV1a sequence (Hum1_FRA) was aligned along with 91 other representative sequences of sublineages *EBLV1a* and *EBLV1b* using MAFFT (Multiple Alignment using Fast Fourier Transform) aligner with default parameters. Tree inferences were constructed with PhyML using approximate Bayes branch supports. The phylogenetic tree was visualised by using FigTree (version 1.4.4).

SUPPLEMENTARY PATHOLOGICAL DATA

The brain was edematous (1575 grams). There was no herniation, atrophy or focal lesion. After formalin fixation, sampling and paraffin embedding, 5 μm thick sections were stained with hematoxylin and eosin. Additional immunohistochemistry analyses were performed (as described in Supplementary methods). At microscopic examination, the lesions were diffuse, observed in both white matter and grey matter, and in all the samples. They were characterized by abundant inflammatory perivascular infiltrates, astrocytic gliosis, microglial activation, contrasting with few necrosis [Fig. 2]. Lymphoid cells in the leptomeningeal space were relatively few in number, contrasting with the abundance of perivascular intra-parenchymal infiltrates. The latter were composed of T and B lymphocytes, among which a high number of large plasma cells [Fig. 2]. There was no noticeable imbalance between the number of CD8 and CD4 T lymphocytes.

The cerebellum was one of the most severely damaged region with white matter pallor, axonal loss and astrocytic gliosis. There was a loss of Purkinje cells associated with hyperplasia of the Bergmann glia. In the brainstem, the perivascular infiltrates were abundant. The roots of the cranial pairs were atrophic. The *substantia nigra* and *locus cœruleus* were relatively spared.

In the supra-tentorial area, the lesions were also diffuse, affecting white and gray matters with a predominance in the cortical and striatal gray matter. The lesions were necrotic in the occipital region. A spongy state was observed in the visual cortex, in temporal region and in the head of the caudate nucleus. Elsewhere, diffuse microglial activation was associated with neuronal loss and astrocytic gliosis. Perivascular inflammatory infiltrates were abundant and rich in plasma cells [Fig. 2]. Examination of the Ammon's horns showed neuronal rarefaction without necrosis. The thalamus and the mammillary body appeared to be spared. Cytopathogenic effect, including Negri's bodies, was not seen. Immunohistochemistry against herpes simplex virus 1, varicella-zoster, cytomegalovirus, measles virus, and rabies virus were negative.

SUPPLEMENTARY TABLES

Table S4. List of Accession numbers, lineage, Date of isolation, Country of isolation

SUPPLEMENTARY FIGURES

Figure S1: Transmission electron micrograph

Micrograph of a lesion located behind the right putamen showing cytoplasmic viral particles that look like rods (white "r") (diameter (50–100 nm) and length (100–300 nm); some are bullet-shaped (b) with limiting trilaminar membranes (white arrows). Most have variable shapes, more or less long or oval, as they are arranged in all planes of space (scale bar: 200 nm). A high resolution image is available as a separate file.

The whole genome of the French EBLV-1a sequence (Hum1_FRA) was aligned along with 91 other representative sequences of EBLV1a and EBLV1b listed in table S4.

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