Full and broad-spectrum in vivo eradication of catheter-associated biofilms using gentamicin-EDTA antibiotic lock therapy.

Ashwini Chauhan, David Lebeaux, Jean-Marc Ghigo, Christophe Beloin

To cite this version:


HAL Id: pasteur-01126606
https://hal-pasteur.archives-ouvertes.fr/pasteur-01126606

Submitted on 6 Mar 2015

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L’archive ouverte pluridisciplinaire HAL, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d’enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

Distributed under a Creative Commons Attribution - NonCommercial - NoDerivatives| 4.0 International License
Full and broad-spectrum in vivo eradication of catheter-associated biofilms using gentamicin-EDTA antibiotic lock therapy

Ashwini Chauhan, David Lebeaux, Jean-Marc Ghigo and Christophe Beloin#

Institut Pasteur, Unité de Génétique des Biofilms, Département de Microbiologie F-75015 Paris, France

# Corresponding author
E-mail: cbeloin@pasteur.fr
Tel: (+33) 01 44 38 95 97
Fax (+33) 01 45 68 88 36

Full-length article
Abstract: 245 words
Figure: 5
Table: 1
References: 54

Running title: Eradication of in vivo TIVAP-associated biofilms
Keywords: Biofilm; eradication; catheter-related infection; chelator; antibiotic lock therapy
Abbreviations: ALT: antibiotic lock therapy; CFU: colony-forming unit; CRBSI: catheter-related bloodstream infection; EDTA: ethylenediamine-tetra-acetic acid; EM: electron microscopy; TIVAP: totally implantable venous access port.
ABSTRACT

Biofilms that develop on indwelling devices are a major concern in clinical settings. While removal of colonized devices remains the most frequent strategy for avoiding device-related complications, antibiotic lock therapy constitutes an adjunct therapy for catheter-related infection. However, currently used antibiotic lock solutions are not fully effective against biofilms, thus warranting a search for new antibiotic locks. Metal binding chelators have emerged as potential adjuvants due to their dual anticoagulant/antibiofilm activities but studies investigating their efficiency were mainly in vitro or else focused on their effects in prevention of infection. To assess the ability of such chelators to eradicate mature biofilms, we used an in vivo model of totally implantable venous access port inserted in rats and colonized either by Staphylococcus aureus, Staphylococcus epidermidis, Escherichia coli or Pseudomonas aeruginosa. We demonstrate that use of tetrasodium EDTA (30 mg/mL) as a supplement to the gentamicin (5 mg/mL) antibiotic lock solution associated with systemic antibiotics completely eradicated Gram-positive and Gram-negative bacterial biofilms developed in totally implantable venous access ports. Gentamicin-EDTA lock was able to eliminate biofilms with a single instillation, thus reducing length of treatment. Moreover, we show that this combination was effective for immuno-suppressed rats. Lastly, we demonstrate that gentamicin-EDTA lock is able to eradicate the biofilm formed by a gentamicin-resistant strain of methicillin-resistant S. aureus. This in vivo study demonstrates the potential of EDTA as an efficient antibiotic adjuvant to eradicate catheter-associated biofilms of major bacterial pathogens and thus provides a promising new lock solution.
INTRODUCTION

Central venous catheters are routinely used to administer medication or fluids to patients admitted to oncology, nephrology and intensive care units (2, 46, 51). Although these devices greatly improve patient health, their use is often associated with medical complications due to colonization by pathogenic microorganisms (37). This leads to development of complex bacterial or fungal biofilm communities that display strong tolerance towards antimicrobials (14, 36, 44). Biofilms are difficult to eradicate; moreover, they constitute a potential source of bloodstream infections, a leading cause of healthcare-associated infections in critically ill patients (28). Currently, there is no fully efficient method for treating catheter-related biofilms aside from traumatic and costly removal of colonized devices (5, 10, 41, 49). However, recent clinical practice guidelines recommended the use of antibiotic lock therapy (ALT) for treatment of uncomplicated long-term catheter-related infections (30). ALT relies on the instillation of highly concentrated antibiotic solutions (up to 1,000 times the minimal inhibitory concentration (MIC)), left to dwell in the catheter for 12 to 24 h in order to prevent or eradicate biofilm formation. Although ALT shows a high success rate for coagulase-negative staphylococci and Gram-negative bacterial catheter-related infections (13, 17, 20), catheter removal is still recommended for pathogens such as Staphylococcus aureus and Pseudomonas aeruginosa due to lack of efficient antibiotic lock or frequent hematogenous complications (19, 30).

Growing concern over drug-resistant pathogens (31), combined with increasing use of central venous catheters, has led to evaluation of novel lock solutions. While some studies showed that combinations of different antibiotics are more efficient than single-antibiotic lock solutions (1, 9, 33), the efficacy of non-antibiotic compounds is currently being investigated to improve lock solutions and reduce use of antibiotics.

The anticoagulant heparin is the most widely used ALT adjuvant for reducing catheter colonization and related infection (7, 29). However, heparin activity is also reported to be impaired in gentamicin solutions (15, 47). Other compounds having both anticoagulant and chelating properties, such as sodium citrate and ethylenediamine-tetraacetic acid (EDTA) have been proposed as anti-biofilm ALT adjuvants (35, 43, 50). For instance, association of EDTA and gentamicin demonstrated a potent activity against in vitro biofilms formed by S. aureus, Staphylococcus epidermidis and P. aeruginosa (6). In addition, preventive EDTA-minocycline locks were shown to reduce the incidence of long term catheter-related infections in clinical studies (4, 6, 34, 38).
However, despite encouraging results in preventive approaches, only limited *in vivo* data have validated the use of these non-antibiotic ALT adjuvants. In this study, we evaluated the curative efficacy of a tetrasodium EDTA-gentamicin ALT solution against bacterial biofilms formed in an *in vivo* model of totally implantable venous access ports (TIVAP) (9). While gentamicin, EDTA alone and a 70% ethanol lock solution were not completely effective against TIVAP-associated biofilms, we showed that single-dose treatment with a gentamicin-EDTA lock solution fully eradicated both Gram-positive and Gram-negative bacterial catheter biofilms. Novel anti-biofilm strategies are urgently needed to improve treatment of catheter-related infections and patient outcome with reduced length of antibiotic exposure. Gentamicin-EDTA may lead to salvaging colonized catheters over a short duration, thus directly impacting length of hospital stay, morbidity and health-care costs.
MATERIALS AND METHODS

**Bacterial strains.** Luminescent variants of four clinically relevant pathogens, i.e. *S. aureus*, *S. epidermidis*, *P. aeruginosa* and *Escherichia coli*, were either purchased (*S. aureus* MSSA Xen36, MRSA Xen31 and *S. epidermidis* Xen43 from Caliper) or donated (*P. aeruginosa* Lm1, a bioluminescent derivative of the PAK clinical strain (39)) and *E. coli* EAEC 55989 transformed with stable plasmid pAT881 (18). *S. epidermidis* Xen43 is derived from *S. epidermidis* 1457 (52), a methicillin-susceptible strain (27). *S. aureus* Xen36 and Xen31 and *S. epidermidis* Xen43 were cultured in tryptic soy broth (TSB) supplemented with 0.25% glucose, while *E. coli* and *P. aeruginosa* strains were grown in lysogeny broth (LB) at 37°C.

**Determination of in vitro minimal inhibitory concentrations (MICs).** MICs were determined by broth microdilution as per CLSI (Methods for dilution of antimicrobial susceptibility tests for bacteria that grow aerobically; Approved Standard, Eighth Edition. CLSI Document M07-A8. Wayne, PA: Clinical and Laboratory Standards Institute; 2009). Briefly, exponentially growing bacteria were diluted to a final inoculum of 5x10^5 bacteria/mL. Results were read after 16 to 18 h of culture. MIC was defined as the first well without visible growth. MIC was performed in TSB glucose at 0.25% for *S. aureus* and *S. epidermidis* and in LB for *E. coli* and *P. aeruginosa* (Table 1).

**Antibacterial agents.** Gentamicin sulfate, vancomycin hydrochloride, EDTA-tetrasodium salt and ethanol (70%) were purchased from Sigma-Aldrich, Inc. Distilled water was purchased from Gibco for preparing antibacterial solutions.

**Animal model.** Male CD/SD (IGS:Crl) rats purchased from Charles River weighed 275-300 g and were allowed to acclimatize using 12 h day/night cycles for one week before use at the Institut Pasteur animal facilities accredited by the French Ministry of Agriculture to perform experiments on live rodents (accreditation #A75-15 27, issued on November 12, 2004 and #A75-15 04, issued on May 22, 2008), in compliance with French and European regulations on care and protection of laboratory animals (EC Directive 86/609, French Law 2001-486 issued on June 6, 2001). Protocols were approved by the veterinary staff of the Institut Pasteur animal facility and were performed in compliance with NIH Animal Welfare Insurance #A5476-01 issued on July 2, 2007.
Catheter placement. TIVAP implantation was performed as described previously (9). Briefly, surgical placement of TIVAP in anesthetized rats was carried out as follows: the port was implanted at the dorsal midline toward the lower end of the thoracic vertebrae by creating a subcutaneous pocket. The catheter was tunneled subcutaneously into the ventral side in the clavicle region, inserted into the jugular vein by a micro-incision and progressively inserted into the superior vena cava up to the right atrium. Patency of TIVAP was maintained by flushing 1X sterile PBS followed by heparin lock (500 IU/mL) every day. Prior to inoculation of clinical strains, all rats were checked for the absence of infection by plating 100 µL blood, as well as monitoring for the absence of any luminescence signals.

Inoculation of TIVAP in immunocompetent rats. A previously optimized (9) inoculum dose of $10^6$ cells of S. aureus MSSA Xen36, $10^8$ cells of S. aureus MRSA Xen31 or S. epidermidis Xen43, $10^4$ cells of E. coli pAT881 and $10^6$ cells of P. aeruginosa in 100 µL 1X PBS, was injected through a silicone septum into the port using a Huber needle. Overnight cultures were diluted in 1X PBS to the optimized inoculum dose. The inoculum size was also confirmed by plating it for CFU/mL on respective antibiotic plates. Control rats received 1X PBS. Colonization of the TIVAP was monitored using the IVIS-100 imaging system (Xenogen Corporation, Alameda, CA, USA).

Immune suppression and infection in catheterized rats. The immune system of the rats was suppressed using cyclophosphamide (Sigma Aldrich cat# C0768-5G). The optimized dose and regimen of cyclophosphamide delivery, determined by estimating total blood leukocyte count using the animal blood cell counter Vet ABC (SCIL, Germany), was used as described previously (9). The hundred mg/kg body weight of cyclophosphamide was finally selected for giving intraperitoneal injections to rats on day -4 of inoculation. The inoculum dose of $10^2$ MSSA Xen36 cells/100 µL 1X PBS was used for TIVAP inoculation and confirmed by plating for CFU/mL. Control catheterized and immunosuppressed rats received 100 µL 1X PBS only. Prior to inoculation of clinical strains, all rats were checked for the absence of infection, as for immunocompetent rats.

Extraction and quantification of viable bacteria from the biofilm. TIVAP were carefully wiped with 70% ethanol before extracting intraluminal biofilm bacteria to avoid contaminants. The catheter was cut into small pieces and a slit was made horizontally to expose the lumen; it was next transferred to a
tube containing 0.5 mL sterile 1X phosphate-buffered saline (PBS). The septum was removed from
the port using a sterile scalpel and forceps, cut into small pieces and transferred to a separate tube
containing 0.5 mL sterile 1X PBS. Cells attached to the titanium body of the port were scratched in
100 µL 1X PBS and transferred to the same tube as the septum. Biofilm that formed on the septum
and in the lumen of the catheter was extracted by vigorously vortexing the tubes for 1 min, followed by
transfer to an ultrasonic water bath (NEYtech Ultrasonik, 44-48 Khz) for 5 min. Bacterial suspensions
from the tubes were then mixed to analyze total CFU/mL/TIVAP. The bacterial suspension was then
serially diluted, plated on agar plates and incubated at 37°C for colony counts.

In vivo ALT. We had previously shown that treatment of TIVAP colonized by biofilm with ALT alone
can lead to systemic infection, therefore causing death of the animals (9). Thus, in this study, ALT was
always used in conjunction with systemic vancomycin (50 mg/kg, for MSSA, MRSA and S.
epidermidis) or gentamicin (30 mg/kg, for Gram-negative bacteria) subcutaneous injections (48, 54).
The efficacy of gentamicin (5 mg/mL), EDTA (30 mg/mL), ethanol (70%) and gentamicin-EDTA (5
mg/mL-30 mg/mL) lock therapy was evaluated. All lock solutions were prepared in sterile distilled
water. The 3-day-old biofilm formed inside the implanted TIVAP was locked with 200 µL of the above-
mentioned antibiotics following 2 types of regimen. First, a 5-day ALT regimen during which the old
lock was replaced by a new one every 24 h for 5 days in conjunction with systemic treatment for 5
days. We also assessed a 1-day ALT regimen with a single instillation of ALT dwelling for 7 days in
conjunction with 1 day of systemic treatment. We monitored biofilm clearance by luminescence
imaging and rats were sacrificed after day 7 of the last ALT instillation for estimating viable cell counts
and electron microscopy analyses. Immunosuppressed rats were sacrificed on day 3 post-ALT
instillation. Rats with a colonized TIVAP but receiving PBS ALT were used as controls.

Statistical analysis. Results for CFU are mean +/- standard deviation. Statistical differences were
evaluated using one-way ANOVA (Tukey multiple comparison test) included in Graphpad Prism
Version 5.0c. The treatment groups were considered statistically different if p-values were lower than
0.05.
RESULTS

Gentamicin-EDTA efficacy against *S. aureus in vivo* catheter-associated biofilms.

To evaluate the *in vivo* efficacy of tetrasodium EDTA as a potential adjuvant in ALT, we tested different gentamicin-based lock solutions against bioluminescent methicillin-susceptible *S. aureus* ( MSSA) biofilms growing in TIVAP implanted in rats (n=5 rats for each treatment). In addition to solutions containing gentamicin alone, EDTA alone or combined gentamicin-EDTA, we evaluated 70% ethanol, which was shown to be an effective antibacterial lock agent both *in vitro* and *in vivo* (11, 23).

We first used ALT instillations renewed every 24 h for 5 days in conjunction with systemic vancomycin injections (see Materials and methods) and we monitored *in vivo* bacterial clearance as a function of luminescence. While luminescence could still be detected in rats with PBS ALT, ethanol, gentamicin or EDTA alone, no signal was captured from rats treated with the gentamicin-EDTA lock (Figure 1A-F).

These results were confirmed by the bacterial count. While a high load of MSSA (8.6-log CFU/mL) was recovered from TIVAP of rats with PBS ALT (Figure 1G), gentamicin or EDTA ALT alone reduced MSSA CFU recovered from TIVAP biofilms to 4.3 to 5.3-log CFU/mL and 4.2 to 6.1-log CFU/mL, respectively (Figure 1G). Similarly, 70% ethanol ALT could only clear biofilm in one out of 5 rats; in the remaining four rats, 4.2 to 5.9-logs CFU/mL were still recovered from TIVAP 7 days post-ALT treatment (Figure 1G). Although gentamicin or EDTA alone could not completely eradicate MSSA biofilm, the absence of viable cell counts from TIVAP 7 days post-gentamicin-EDTA ALT confirmed its antibiofilm efficacy (Figure 1G).

While our results demonstrated the *in vivo* efficacy of a 5-day regimen of gentamicin-EDTA ALT treatment against MSSA biofilms, we also sought to determine whether gentamicin-EDTA ALT would reduce the length and frequency of ALT treatment. For this, we applied a single instillation of gentamicin-EDTA lock solution in conjunction with systemic vancomycin injections on 3-day-old *in vivo* MSSA biofilm (1-day regimen). After 1 day, we already observed an absence of luminescence and a ∼4.2-log reduction in bacterial CFU/mL compared to rats with PBS ALT (day 1 in Figure 2A, 2C and 2E). Moreover, analysis of TIVAP 7 days after single gentamicin-EDTA ALT left to dwell for 7 days (day 8) showed complete removal of bacteria from the catheters (day 8 in Figure 2A, 2C, 2D, and Figure 2E). Although a decrease in bioluminescence was observed, rats with PBS ALT displayed a 2-log-increase in bacterial colonization (Figure 2B and 2E). Indeed, bioluminescence will not detect bacteria that are viable but are either dormant or growing anaerobically in TIVAP (9). Furthermore, the
absence of bacteria in gentamicin-EDTA-treated TIVAP was confirmed by scanning electron microscopy. While TIVAP extracted from rats treated with either gentamicin or EDTA alone showed the presence of biofilms with a dense bacterial population (Figure 2F-G), TIVAP from rats treated with gentamicin-EDTA ALT displayed only a meshwork of host-derived fibrin-like material and the absence of bacteria (Figure 2H).

These results demonstrated that use of a single instillation of gentamicin-EDTA antibiotic lock solution successfully eradicated catheter-associated biofilms formed in vivo by MSSA.

One-shot gentamicin-EDTA ALT is effective in immunosuppressed animals.

Immunosuppressed patients are highly susceptible to bloodstream infections associated with central venous catheter colonization (45). In order to evaluate whether gentamicin-EDTA ALT might also be useful in immunosuppressed hosts, TIVAP-implanted rats were treated with cyclophosphamide prior to inoculating them with $10^2$ CFU/100 µL of MSSA in the TIVAP (number of rats, n=3). TIVAP-associated biofilms that developed after 3 days were treated with a single instillation of PBS, gentamicin or gentamicin-EDTA lock in conjunction with systemic treatment. We showed that rats with PBS ALT displayed luminescent signals corresponding to $\sim$7.9-log CFU/mL and died by day 3 despite concomitant systemic treatment with vancomycin (Figure 3A-B and G). Moreover, rats (n=3) that received only gentamicin ALT survived, but continued to display $\sim$5.1-log CFU/mL in the lumen of TIVAP collected 3 days after ALT (Figure 3C-D and G). In contrast, immunosuppressed rats (n=3) treated with a single instillation of a gentamicin-EDTA lock in conjunction with systemic treatment showed 100% survival, and complete eradication of MSSA biofilm from TIVAP was noted 3 days after treatment (Figure 3E-F and G). These results therefore demonstrated the in vivo efficacy of the gentamicin-EDTA lock solution both in immunocompetent and immunosuppressed animals.

Efficacy of gentamicin-EDTA ALT against S. epidermidis and methicillin-resistant S. aureus.

In addition to MSSA infections, staphylococci-associated biofilm infections may also be due to methicillin-resistant (MRSA) strains, while S. epidermidis is the most commonly reported bacterium in catheter-related infections (9, 24, 30). To test the efficacy of a single instillation of gentamicin-EDTA against S. epidermidis and MRSA, we used two clinical bioluminescent strains of S. epidermidis (Xen43) and MRSA (Xen31). These two strains are poorly luminescent in vivo and therefore did not
enable us to non-invasively monitor biofilm colonization in implanted TIVAP; however, both of them led to formation of in vivo biofilm (Figure 4 and (9)). Although a single instillation of gentamicin-EDTA (1-day ALT regimen) eradicated S. epidermidis biofilm, ~3-log CFU/mL bacteria could still be recovered from TIVAP-associated MRSA biofilms (number of animals, n=3) (Figure 4). However, using a 5-day ALT regimen, we demonstrated that in vivo TIVAP-associated MRSA biofilms could be successfully eradicated with gentamicin-EDTA ALT, compared with gentamicin-treated biofilms where ~6.2-log CFU/mL bacteria were recovered (number of animals, n= 3) (Figure 4).

**The gentamicin-EDTA lock solution is efficient against Gram-negative bacteria.**

Although a high treatment success rate has been recently shown in the case of Gram-negative bacteria catheter-related bloodstream infections (20), current guidelines suggest removal of catheters colonized by Gram-negative pathogens having a propensity for biofilm formation, such as *P. aeruginosa* (30). To test the potential of a combined gentamicin-EDTA lock against frequent catheter-associated Gram-negative pathogens such as *E. coli* and *P. aeruginosa*, we used a single instillation of gentamicin-EDTA ALT 3 days after inoculation with *E. coli* or *P. aeruginosa*, alongside systemic gentamicin treatment. We observed complete eradication of *E. coli* and *P. aeruginosa* TIVAP-associated biofilms using the combined gentamicin-EDTA lock solution, as indicated by the absence of luminescent signals within 24 h of treatment (Figure 5A-D and 5E-H). Moreover, no bacteria were recovered from the catheters harvested after 7 days post-treatment, while control rats continued to display ~9.5-log CFU/mL for *E. coli* and ~8.7-log CFU/mL for *P. aeruginosa* (Figure 5I).

Taken together, these results demonstrate the potential of a gentamicin-EDTA combination as a broad-spectrum anti-biofilm lock solution, not only against Gram-positive but also against Gram-negative catheter-associated biofilm-forming pathogens.
**DISCUSSION**

Significant progress has been made in clinical handling of central venous catheters, but the development of pathogenic biofilms remains a major problem with severe clinical implications (30, 37). In the case of intermittently used devices, ALT is a widely used strategy recommended for prevention or cure of intraluminal catheter-associated biofilms (30, 40). Although current ALT have significant effects on catheter handling, use of adjuvant molecules is under investigation at present to potentiate existing antibiotic treatment against biofilms for preventing and curing catheter-related bloodstream infections (CRBSI) (30, 40).

Recent *in vitro* studies demonstrated that metal chelators such as EDTA and citrate, which bind to metal cations such as Ca$^{2+}$, Fe$^{3+}$ and Mg$^{2+}$, act both as anticoagulant and antibiofilm agents and therefore enhance the antimicrobial effect of antibiotics (3, 6, 35, 53). In the present study, using our previously optimized rat model with an implanted TIVAP, we evaluated the *in vivo* efficacy of the anticoagulant chelator tetrasodium EDTA, in combination with gentamicin, as a potential curative antibiotic lock solution (9). For initial evaluation of EDTA as an adjuvant to the gentamicin lock solution as compared to gentamicin alone, EDTA alone or ethanol, we chose *S. aureus* catheter colonization, for which catheter removal is mandatory (16, 19). We showed that the gentamicin-EDTA combination was the most effective lock solution compared to gentamicin alone, EDTA alone or ethanol (70%). Since, we previously demonstrated the risk of systemic infection when ALT was used alone, we always used systemic antibiotics alongside (9). We chose systemic vancomycin, even in case of methicillin-susceptible *Staphylococcus* spp. in order to compare the effect of ALT between these different strains without having a bias related to various systemic treatments. We also wanted to reproduce the first 24 or 48 hours of treatment during which antibiotic susceptibility pattern is not determined and clinicians have to deal with a Gram-positive healthcare-associated bloodstream infection.

Ethanol alone or in combination is reported to be effective against *in vitro* biofilms as well as decreasing CRBSI and the need for catheter replacement in clinical trials (21, 23, 32). However, under our experimental conditions, it was able to reduce the biofilm but could not completely eradicate it even after 5 consecutive ALT replacements. This suggests that reducing the bacterial load in the TIVAP might suffice for weakening bacterial biofilms, thus enabling the host immune system or systemic antibiotics to control CRBSI, as shown in clinical studies using ethanol. While treatments that
do not completely eradicate biofilms efficiently reduce the incidence of CRBSI, therapy such as
gentamicin-EDTA might totally eradicate biofilms colonizing the catheters, and would thus have
greater potential for curing biofilm-related infections.

Recurrence of biofilm-associated infections due to the presence of highly antibiotic tolerant bacteria
within biofilms is one of the major challenges for catheter management in the clinical setting (12, 25,
26). The existence of such highly tolerant biofilm bacteria was demonstrated in our model by the fact
that they could sustain very high concentrations (up to 1,700X MIC) of gentamicin. Gentamicin-EDTA
proved to be a potential lock solution able to cure these highly tolerant biofilms and eradicate
persistent bacteria, thereby preventing recurrence of Gram-positive as well as Gram-negative (see
below) bacterial biofilms on TIVAP. Moreover, currently proposed ALT regimens are used for up to 14
days, resulting in reduced access to the device, which could cause distress in patients with limited
venous access (30). Development of a rapid and efficient ALT would enable earlier access to the long-
term catheter, improving patient outcome. We showed that a single instillation of gentamicin-EDTA
ALT, left to dwell for 7 days, effectively eradicated biofilms formed by MSSA and S. epidermidis, thus
probably reducing the possibility of recurrence. It is noteworthy that the MRSA strain used in this study
is gentamicin-resistant, like 3% of MSSA and 11% of MRSA in hospital-acquired S. aureus infections
in Texas (22). Nevertheless, use of a 5-day ALT regimen led to total eradication of in vivo TIVAP-
associated MRSA biofilms, suggesting that the gentamicin-EDTA lock solution could still be used in
this setting. As EDTA was earlier shown to disrupt biofilm through metal chelation, we speculate that
the bacteria released would be more susceptible to the direct antibacterial effect of EDTA (see Table
1) (34). Besides, free-swimming bacteria may have been killed by gentamicin that still could have
some efficacy at such a high concentration.

A reduction in the catheter-associated bacterial biofilm load may not be sufficient to cure CRBSI in
patients with impaired immune systems (45). In our in vivo study, a single instillation of the gentamicin-
EDTA lock was effective at curing immunosuppressed rats with TIVAP-related MSSA infection, in
conjunction with vancomycin systemic treatment. Rapid clearance of the pathogen is of clinical
importance, especially in immunocompromised and critically ill patients. Thus, gentamicin-EDTA might,
in the future, prove to be of great value in clinical settings.

Furthermore, we demonstrated the efficacy of the gentamicin-EDTA antibiotic lock solution against
biofilms of E. coli and P. aeruginosa pathogenic strains. Although multiresistance associated with
Gram-negative pathogens is of some concern, these bacteria are often overlooked in studies using catheter-related infections (8, 20, 42). In the case of *P. aeruginosa* CRBSI, treatment failures are frequent and conservative management is often excluded (30). Gentamicin-EDTA could be an excellent candidate lock for such patients, as it extends the possibility of conservative therapy. In summary, we conclude that gentamicin-EDTA effectively eradicated the *in vivo* TIVAP-associated biofilms of all tested strains. Gentamicin and ethanol were also effective at reducing MSSA biofilm, but were not able to completely eradicate the biofilm from implanted TIVAP. In light of these results, we believe that the gentamicin-EDTA lock deserves further exploration for use in clinical practice.

**ACKNOWLEDGMENTS**

We are grateful to Brigitte Arbeille and Claude Lebos (LBCME, Faculté de Médecine de Tours) for their help in performing electronic microscopy. This work was supported by grants from the Institut Pasteur and, in part, from the Institut Mérieux-Institut Pasteur collaborative research program. D.L. was supported by a grant from the AXA Research Fund.
REFERENCES


Pseudomonas aeruginosa in the lung requires the recognition of either lipopolysaccharide or 

2005. Treatment of long-term intravascular catheter-related bacteraemia with antibiotic lock: 

Hospitals and the Benefits of Prevention.1-16.


Catheter lock solutions influence staphylococcal biofilm formation on abiotic surfaces. Nephrol 
Dial Transplant 21:2247-2255.


46. Timsit, J. F., Y. Dubois, C. Minet, A. Bonadona, M. Lugosi, C. Ara-Somohano, R. 
Hamidfar-Roy, and C. Schwebel. 2011. New challenges in the diagnosis, management, and 
prevention of central venous catheter-related infections. Semin Respir Crit Care Med 32:139- 
150.


Mortin. 2011. Daptomycin antibiotic lock therapy in a rat model of staphylococcal central 

Daily cost of antimicrobial therapy in patients with Intensive Care Unit-acquired, laboratory-


Table 1. MIC and concentrations used for in vivo ALT. ALT: antibiotic lock therapy; EDTA: ethylenediamine-tetraacetic acid; MIC: minimal inhibitory concentration; MSSA: methicillin-susceptible *S. aureus*; MRSA: methicillin-resistant *S. aureus*; ND: not done. MIC results are expressed as mean of at least 3 experiments.

<table>
<thead>
<tr>
<th>Microorganism</th>
<th>Gentamicin (µg/mL)</th>
<th>Vancomycin (µg/mL)</th>
<th>EDTA (mg/mL)</th>
<th>Ethanol (%)</th>
<th>Gentamicin (µg/mL)</th>
<th>EDTA (mg/mL)</th>
<th>Ethanol (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSSA</td>
<td>8</td>
<td>1.5</td>
<td>0.94</td>
<td>6.25</td>
<td>5,000</td>
<td>30</td>
<td>70</td>
</tr>
<tr>
<td>MRSA</td>
<td>&gt;1,024</td>
<td>1.5</td>
<td>0.94</td>
<td>12.5</td>
<td>5,000</td>
<td>30</td>
<td>ND</td>
</tr>
<tr>
<td><em>S. epidermidis</em></td>
<td>3</td>
<td>3</td>
<td>0.94</td>
<td>12.5</td>
<td>5,000</td>
<td>30</td>
<td>ND</td>
</tr>
<tr>
<td><em>E. coli</em></td>
<td>8</td>
<td>ND</td>
<td>3.75</td>
<td>12.5</td>
<td>5,000</td>
<td>30</td>
<td>ND</td>
</tr>
<tr>
<td><em>P. aeruginosa</em></td>
<td>4</td>
<td>ND</td>
<td>3.75</td>
<td>6.25</td>
<td>5,000</td>
<td>30</td>
<td>ND</td>
</tr>
</tbody>
</table>
FIGURE LEGENDS

Figure 1. Gentamicin-EDTA ALT completely eradicates MSSA biofilm from the implanted TIVAP.
ALT was instilled in TIVAP of immunocompetent rats (day 0) and was associated with systemic vancomycin to treat MSSA biofilm colonization (number (n) of rats used for each treatment was renewed every 24 h for 5 days and its efficacy was monitored as photon emissions). Results from a representative animal are shown. (A) Control rats with PBS ALT. (B) 70% ethanol ALT. (C) 5 mg/mL gentamicin ALT. (D) 30 mg/mL EDTA alone. (E) Combined gentamicin (5 mg/mL) and EDTA (30 mg/mL) ALT. In (A) to (E) representative experiments are shown. (F) Rats were sacrificed after 7 days of treatment, TIVAP was harvested and monitored for photon emissions. (G) Bacterial cells from TIVAP were harvested and plated on TSB agar for CFU/mL. Results for CFU are mean +/- standard deviation. Statistical analysis was done using one-way analysis of variance (ANOVA) with Graphpad Prism version 5.0c. p-value < 0.05 considered significant, ** (p ≤ 0.009).

Figure 2. Gentamicin-EDTA ALT reduces time to eradicate MSSA biofilm in vivo.
EDTA lock solution was instilled in MSSA-colonized TIVAP of immunocompetent rats in conjunction with systemic vancomycin treatment. Rats were sacrificed either 1 day or 7 days after a single instillation and monitored as photon emissions. Results from a representative animal are shown. Bacterial cells were harvested from the TIVAP on respective days (day 1 or day 7 for CFU/mL). (A) Control rats with PBS ALT. (B) TIVAP harvested from control rats. (C) EDTA-instilled rats. (D) TIVAP harvested from gentamicin-EDTA-treated rats. (E) Bacterial cells harvested from TIVAP and plated on TSB agar for CFU/mL. Eradication of in vivo TIVAP MSSA biofilm was confirmed by scanning electron microscopy (SEM). (F) Gentamicin-ALT-treated TIVAP. (G) EDTA-ALT-treated TIVAP. (H) Gentamicin-EDTA-ALT-treated TIVAP. Results for CFU are mean +/- standard deviation. Statistical analysis was done using one-way analysis of variance (ANOVA) with Graphpad Prism version 5.0c. p-Value < 0.05 considered significant, ** (p ≤ 0.09).
Figure 3. Gentamicin-EDTA/ALT eradicates MSSA TIVAP-associated biofilm in immunosuppressed rats. TIVAP-implanted and immunosuppressed rats (n= 3 for each treatment) were contaminated with MSSA and allowed to form biofilm for 3 days prior to ALT instillation and vancomycin systemic antibiotic injection. Treatment efficacy was monitored as photon emissions. Results from a representative animal are shown. (A) Control rats with PBS ALT. (B) TIVAP harvested from control rats. (C) Gentamicin-alone-instilled rats. (D) TIVAP harvested from gentamicin-alone-instilled rats. (E) Gentamicin-EDTA-instilled rats. (F) TIVAP harvested from gentamicin-EDTA-instilled rats. (G) Bacteria were harvested from TIVAP and plated on TSB agar for CFU/mL. Gent: gentamicin. Results for CFU are mean +/- standard deviation. Statistical analysis was done using one-way analysis of variance (ANOVA) with Graphpad Prism version 5.0c. P-value < 0.05 considered significant, ** (p ≤ 0.003).

Figure 4. Gentamicin-EDTA ALT eradicates S. epidermidis and MRSA biofilms. Three-day-old S. epidermidis or MRSA TIVAP-associated biofilm in immunocompetent rat was treated by a 1-day or a 5-day regimen of gentamicin-EDTA ALT in conjunction with systemic vancomycin (number of animals: n=3 for each treatment). Rats were sacrificed 8 days post-ALT, TIVAP was removed aseptically and harvested cells were plated on TSB agar plates for CFU/mL. Results for CFU are mean +/- standard deviation. Statistical analysis was done using one-way analysis of variance (ANOVA) with Graphpad Prism version 5.0c. P-value < 0.05 considered significant, * (p ≤ 0.02).

Figure 5. The gentamicin-EDTA lock solution is also effective against Gram-negative bacteria. Three-day-old E. coli or P. aeruginosa TIVAP-associated biofilm in immunocompetent rats was treated by a 1-day regimen of gentamicin-EDTA ALT in conjunction with systemic gentamicin (number of animals: n=3 for each treatment). Treatment efficacy was monitored as photon emissions. Results from a representative animal are shown. (A) TIVAP-implanted control rats (with PBS ALT) with E. coli colonization. (B) E. coli-colonized TIVAP-implanted rats with gentamicin-EDTA ALT. (C) TIVAP from control rats with E. coli colonization. (D) TIVAP harvested from E. coli-colonized and gentamicin-EDTA-instilled rats. (E) TIVAP-implanted control rats (with PBS ALT) with P. aeruginosa colonization. (F) P. aeruginosa-colonized TIVAP-implanted rats with gentamicin-EDTA ALT. (G) TIVAP from control rats with P. aeruginosa colonization. (H) TIVAP harvested from P. aeruginosa-colonized and
gentamicin-EDTA-instilled rats. (I) Rats were sacrificed 8 days post-ALT, TIVAP were aseptically removed and harvested cells were plated on LB agar (E. coli or P. aeruginosa) plates for CFU/mL. Genta: gentamicin. Results for CFU are mean +/- standard deviation. Statistical analysis was done using one-way analysis of variance (ANOVA) with Graphpad Prism version 5.0c. p-Value < 0.05 considered significant, *** (p < 0.0001), ** (p < 0.001) and * (p < 0.01).
Figure 1. Chauhan et al.
Figure 2. Chauhan et al.
Figure 3. Chauhan et al.
Figure 4. Chauhan et al.
Figure 5. Chauhan et al.