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Submitted on 24 Feb 2010

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T Cell Homeostasis: Thymus Regeneration and Peripheral T Cell Restoration in Mice with a Reduced Fraction of Competent Precursors

Afonso R.M. Almeida, José A.M. Borghans, and António A. Freitas

Abstract

We developed a novel experimental strategy to study T cell regeneration after bone marrow transplantation. We assessed the fraction of competent precursors required to repopulate the thymus and quantified the relationship between the size of the different T cell compartments during T cell maturation in the thymus. The contribution of the thymus to the establishment and maintenance of the peripheral T cell pools was also quantified. We found that the degree of thymus restoration is determined by the availability of competent precursors and that the number of double-positive thymus cells is not under homeostatic control. In contrast, the sizes of the peripheral CD4 and CD8 T cell pools are largely independent of the number of precursors and of the number of thymus cells. Peripheral “homeostatic” proliferation and increased export and/or survival of recent thymus emigrants compensate for reduced T cell production in the thymus. In spite of these reparatory processes, mice with a reduced number of mature T cells in the thymus have an increased probability of peripheral T cell deficiency, mainly in the naive compartment.

Key words: CD4 T cells • CD8 T cells • homeostasis • thymus regeneration • thymus export

Introduction

Regeneration of the immune system, in the adult, is one of the major challenges of today’s cell therapy. T cell regeneration from hematopoietic stem cell precursors (HSCs)* is required after HIV infection and after bone marrow (BM) transplantation after aggressive cancer therapies (1–3). It can also be used in other clinical applications, such as gene therapy (4). In spite of major progresses in the use of HSCs for T cell reconstitution, we still lack important information. Contrary to other blood cell lineages developing from HSCs, T cell progenitors must first migrate to the thymus to mature. In the adult, this may pose a problem, as the thymus is atrophic and may no longer be able to generate T cells (5). We do not know what fraction of competent precursor cells is needed to restore complete thymus function, or what are the quantitative aspects of the regeneration of the double-positive (DP) and single-positive (SP) thymus compartments. The mechanisms that determine the number of T lymphocytes in the peripheral lymphoid system are also poorly understood. In young adult mice there is a continuous seeding of the periphery by newly formed thymus migrants (6). Nevertheless, the number of peripheral T cells remains even (7). This implies that either (a) the migrant cells are rapidly lost without ever colonizing the periphery, or (b) there is a continuous replacement of the peripheral cells by recent thymus migrants. Most studies indicate that a part of the peripheral T cell pool can be maintained independently of thymus export, but do not allow a precise evaluation of the role of thymus T cell production in physiological conditions (8). We developed a novel strategy that allows (a) a quantitative assessment of the fraction of competent pre-T cell precursors required to restore thymus function and (b) the evaluation of the contribution of the thymus to the peripheral T cell pools.

Materials and Methods

Mice. B6.Rag2−/− (9), B6.CD3ε−/− (10), B6.TCRα−/− (11), all Ly5b, and C57Bl/6.Ly5a mice were obtained from the Centre de Développement des Techniques Avancées–Centre National de la Recherche Scientifique (CDTA-CNRS; Orléans, France).
Results and Discussion

Thymus Regeneration. Thymus regeneration can be readily obtained by the injection of a very limited number of HSC precursor cells (13). The injected self-renewing pluripotential HSCs divide and completely restore the precursor cell pools in the BM and in the thymus. During clinical BM transplantation, however, newly injected competent precursors may be diluted among the host’s incompetent cells. The quantitative relationship between the fraction of competent precursor cells able to colonize the thymus and the regeneration of DP and SP thymus cell compartments has never been studied in these conditions. Here, we evaluated the regeneration of the thymus by a limited fraction of competent precursor cells. Lethally irradiated lymphopenic B6.Rag2−/− mice were reconstituted with T cell–depleted BM cells from normal B6.Ly5b donors alone or from normal B6.Ly5a and T cell–deficient B6.Ly5b mice mixed at several ratios. This strategy should reduce the number of competent precursors available for thymus colonization and regeneration, as normal Ly5b competent precursor cells are diluted among Ly5b incompetent precursors from the mutant donors (14, 15). 2 to 5 mo after BM reconstitution, when all T cell compartments had reached steady-state levels, we counted the number of cells from each donor type in the CD3−CD4−CD8− (double-negative [DN]), CD4+CD8+ (DP), and mature CD4+CD8−/CD4−CD8+ (SP) compartments. We used three types of T cell–deficient BM donors: TCRα−/− mice with a block of T cell differentiation at the DP to SP transition, which have normal numbers of DP cells, but lack mature SP T cells (11), and CD3e−/− or Rag2−/− mice with an earlier block of T cell differentiation at the DN to DP transition, which lack DP cells (9, 10). Studying thymus regeneration in the chimeras obtained with BM cells from these different mutants allows comparing the restoration of the DP and SP thymus compartments from a limited number of competent DN precursors. This could be done in the absence or in the presence of incompetent DP cells, i.e., in CD3e−/− or Rag2−/− and in TCRα−/− mixed chimeras, respectively.

We found that the number of competent DP cells was proportional to the number of competent DN cells (15), i.e., a twofold lower number of competent DN cells resulted in a twofold reduction in the number of competent DP cells (Fig. 1, A and B). This proportionality was observed both in B6.Ly5b TCRα−/−/B6.Ly5a chimeras (Fig. 1 A) whose TCRα−/− precursors can generate incompetent DP cells and in B6.Ly5bCD3e−/−/B6.Ly5b (Fig. 1 B) or B6.Ly5bRag2−/−/B6.Ly5b chimeras (not shown), which both lack incompetent DP cells. Thus, limiting numbers of DP precursor cells do not accumulate and restore the thymus DP compartment even in the absence of competitor incompetent DP cells. These findings indicate that, when the number of precursors is fewer than normal, the total number of DP cells is not regulated by homeostatic control mechanisms, i.e., there is no increase in the rate of division or survival of DP cells in mice with small DP compart-
ments. In steady-state conditions, the number of competent DP cells was roughly 40-fold higher than the number of competent cells in the DN compartment; i.e., \(~10^6\) DN cells originated \(\sim40 \times 10^6\) DP cells. Interestingly, in mice with a very low number of competent DN cells (<10^5, i.e., <5% of normal) the number of competent DP cells was lower than expected from the otherwise proportional relationship between DN and DP cells (Fig. 1, A and B). This
may result from a limiting dilution effect due to the low frequency of competent precursors of which only 5/9 will make a productive TCRβ rearrangement and proceed in the T cell differentiation pathway. Alternatively, this could be due to a more efficient DP to SP transition at low cell numbers, which would cause depletion of the DP compartment (see below) (16). In conclusion, these findings indicate that in normal mice the number of competent DN precursor cells available strictly determines the number of DP cells.

In the thymus of the T cell–deficient/normal mixed BM chimeras the number of TCR<sup>hi</sup>SPCD4 (Fig. 1, C and D) or TCR<sup>hi</sup>SPCD8 cells (Fig. 1, E and F) was proportional to the number of competent DP cells. A twofold lower number of competent DP cells gave rise to a twofold lower number of TCR<sup>hi</sup> mature SP cells recovered from the thymus. The number of CD4 and CD8 cells in the SP compartment were ~15 and 5% of the number of competent DP cells, respectively, i.e., a DP compartment consisting of 10<sup>7</sup> cells gave rise to a SP compartment with 1.5 × 10<sup>6</sup> SPCD4 cells and 5 × 10<sup>5</sup> SPCD8 cells. At very low numbers of competent DP cells (<10%) the number of SP cells was always higher than expected (see thick lines in Fig. 1). The data could therefore best be described by including a very small homeostatic term (see Mathematical Analysis). This increases the predicted number of SP cells in mice with very low numbers of competent DP cells, but does not affect the predicted number of SP cells in all other mice (see the thin lines in Fig. 1, C–F). One interpretation is that there is an increased efficiency of the DP to SP transition in poorly reconstituted mice (16), probably reflecting the higher stromal cell to thymocyte cell ratio. This explanation would be consistent with the relatively small number of DP cells found in mice with few competent DN cells. However, in mice with low numbers of thymus cells we could expect that the probability of generating the correct TCR is lower, decreasing the chances of positive selection. Alternatively, a homeostatic compensation mechanism may induce the proliferation or prolonged survival of the rare SP cells. Finally, reentry of mature peripheral T cells, which is negligible in normal conditions (<0.1% of PBL), may also contribute to biases the number of SP cells in the chimeras with low thymus cell numbers. In conclusion, these results indicate that in the range of 5–100% of the normal number of thymus cells the sizes of the DP and SP cellular compartments are fully determined by the input of competent DN cells. When the fraction of competent thymus cells is below 5% of normal there is a less efficient DN to DP transition and/or a more efficient generation of mature SP T cells.

Peripheral T Cell Pool Restoration. We showed that by decreasing the fraction of competent cells in the transplanted BM we were able to proportionally reduce the number of mature SP thymus cells. The experimental strategy employed thus allows for a quantitative correlation between T cell production in the thymus and the number of peripheral T cells. The relative contribution of the thymus to the maintenance of the peripheral T cell pool has been investigated either after thymus ablation (17) or by increasing the thymus mass with multiple ectopic transplants (18), procedures that strongly deviate from physiological conditions. Thymectomy in neonatal and adult mice results in a permanently reduced size of the peripheral T cell pool. In both cases, however, a significant number of T cells persists in absence of the thymus (19). Engraftment of multiple thymus lobes increases the functional thymus mass and the number of recent thymus emigrants. The peripheral T cell pool size, however, does not increase proportionally to the overall increase in thymus mass (20, 21).

To evaluate the impact of reduced thymus mature T cell numbers on the size of the peripheral T cell pool we first examined whether a reduction in the number of SP cells matched with a reduced rate of thymus cell output. It was previously shown that the fraction of recent thymus emigrants is constant at ~1–2% of thymocytes/day, independently of the number of thymus lobes and of an increase in the number of peripheral T cells (6, 22, 23). Thymus export in adult mice with diminished thymus T cell production and peripheral pools, however, has never been studied.

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<th>Fraction of competent C57Bl6 Ly5&lt;sup&gt;+&lt;/sup&gt; BM cells injected</th>
<th>Recent thymus migrants (×10&lt;sup&gt;9&lt;/sup&gt;)</th>
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Thymus cell export varies according to the fraction of competent precursor cells. Rag2<sup>−/−</sup>B6 mice were lethally irradiated and reconstituted with BM cells from normal B6.Ly5<sup>+</sup> donors alone (100%) or from normal B6.Ly5<sup>+</sup> (10%) and T cell–deficient B6.TCRα<sup>−/−</sup>Ly5<sup>+</sup> (90%) mice. In these chimeras, the number of SP cells was proportional to the fraction of competent BM cells injected. Thymus export was evaluated 24 h after intrathymus injection of FITC.

The number of recent thymus migrants was identified in the spleen and LN of the chimeras by flow cytometry as live FITC<sup>+</sup> cells expressing both CD4 (or CD8) and CD3.
We found here that, in chimeras with low numbers of SP cells, the sum of recent thymus emigrants (RTEs) in the peripheral lymphoid tissues was lower than in mice with normal numbers of SP cells. The relative thymus output in chimeras with low numbers of SP cells was, however, 3.2–3.4-fold higher than in control chimeras (Table I). Thus, the accessibility to thymus exit may be easier in the presence of reduced numbers of SP cells. Alternatively, RTEs may survive longer because of reduced competition in the periphery (24). These results indicate that the “efficiency” of thymus cell export increases with low numbers of thymus cells, but is insufficient to compensate for the reduced production of mature thymus cells. In conclusion, by using the mixed T cell–deficient/normal BM chimeras strategy we can reduce in a controlled fashion the production of mature SP T cells in the thymus and thereby the seeding of the peripheral tissues by thymus emigrants. Thus, this strategy indeed allows a quantitative assessment of the contribution of the thymus to the establishment and maintenance of the peripheral T cell pools.

We studied the total number of peripheral CD8 and CD4 T cells in mice with reduced thymus T cell production and export. In contrast to what we reported in the thymus, we found that the total number of CD4 and CD8 cells in the periphery was not proportional to the number of cells in the previous progenitor compartment, i.e., thymus SPCD4 (Fig. 2 A) and SPCD8 cells (Fig. 2 A). In most chimeras with reduced numbers of thymus SP cells the sizes of the peripheral T cell compartments were similar to those in the chimeras with normal numbers of thymus SP cells. Mathematical analysis of the data suggests that a compensatory homeostatic mechanism be involved, even in mice with a nearly normal thymus output. We estimate that in mice in which only 1% of the normal numbers of SPCD4 cells and SPCD8 cells were present, the peripheral CD4 and CD8 compartments still contained 25 and 12.5% of the normal, respectively. Thus, in the presence of reduced thymus output, T cell survival and/or proliferation are favored (8, 14, 25) as to attain normal peripheral T cell numbers. In concordance, we found that the lower was the number of peripheral CD8⁺ or CD4⁺ T cells, the higher was the fraction of activated CD4⁺CD45RBlow (Fig. 2 C) and CD8⁺CD44⁺ (Fig. 2 D) T cells. These findings demonstrate that the numbers of peripheral CD4 and CD8 T cells

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Figure 2. Restoration of the total peripheral T cell pools. Panel A shows the relationship between the number of peripheral Ly5⁺ CD4 T cells (SPL+LN) and the number of competent Ly5⁺ SPCD4 cells in the thymus of each individual B6.Ly5⁺/B6.Ly5⁺TCRα⁻/⁻ or B6.Ly5⁺/B6.CD3ε⁻/⁻Ly5⁺ chimera. (B) The same but for CD8 T cells. The data were fitted to the steady-state level corresponding to Eq. 1 including the homeostatic term (dashed lines), as this significantly improved the fits to the data, even if mice with very low SP numbers (<10⁵) were not taken into account (not shown). Parameter results are: s/m = (A) 1.5, (B) 2.8, and p/m = (A) 8.0, (B) 2.1. Panel C shows the percentage of activated/memory CD45RB⁺CD4⁺ T cells as a function of the total number of peripheral CD4 T cells, while D shows the percentage of activated/memory CD4⁺CD8⁺ T cells as a function of the total number of peripheral CD8 T cells. The lines in C and D are linear regression lines with r = −0.6 in both cases.
are only partly determined by the rates of thymus cell production and export. In summary, these results show that chimeras with reduced numbers of SP thymocytes can have normal peripheral T cell numbers, suggesting that in normal mice thymus T cell production exceeds the quantitative requirements to replenish the number of T cells in the peripheral pool. Chimeras with very low numbers of SP thymus cells do, however, have an increased probability of not being able to fully reconstitute the CD4 and the CD8 peripheral compartments.

Previous observations have lead to the definition of two cellular compartments in the peripheral T cell pool, with independent homeostatic regulation (26). There is a pool of naive T cells which is dependent on thymus T cell production comprising all recent thymus emigrants (21) and a pool of activated/memory T cells capable of persisting in

**Figure 3.** Restoration of the naive and activated/memory T cell pools. Panel A shows the relationship between the number of SPCD4 cells and the number of peripheral naive CD45RB\textsuperscript{high}CD4\textsuperscript{+} T cells. (B) The relationship between the number of SPCD8 and the number of peripheral naive CD45RB\textsuperscript{high}CD8\textsuperscript{+} T cells. (C) The relationship between the number of SPCD4 and the number of peripheral activated/memory CD45RB\textsuperscript{low}CD4\textsuperscript{+} T cells. (D) The relationship between the number of SPCD8 and the number of peripheral activated/memory CD45RB\textsuperscript{low}CD8\textsuperscript{+} T cells. (E) The relationship between the number of SPCD4 and the number of peripheral naive CD45RB\textsuperscript{high}CD4\textsuperscript{+} T cells. (F) The relationship between the number of SPCD8 and the number of peripheral naive CD45RB\textsuperscript{high}CD8\textsuperscript{+} T cells.

Parameter results are: \( \lambda = (A) 2.0, (B) 2.6, (C) 0.5, (D) 0.5 \), and \( \rho / m = (A) 2.2, (B) 0.5, (C) 5.0, (D) 1.2 \). E and F show the fold reductions in the total, naive (CD45RB\textsuperscript{high}CD4\textsuperscript{+} and activated/memory (CD45RB\textsuperscript{low}CD4\textsuperscript{+} T cells of all B6.Ly5\textsuperscript{a}/B6.Ly5\textsuperscript{b} and B6.Ly5\textsuperscript{a}/B6.Ly5\textsuperscript{b} CD3\textsuperscript{+} chimeras. The data were fitted to the steady-state level corresponding to Eq. 1 including the homeostatic term, as this significantly improved the fits to the data, even if mice with very low SP numbers (<10\textsuperscript{5}) were excluded (not shown). Parameter results are: \( \lambda / m = (A) 2.0, (B) 2.6, (C) 0.5, (D) 0.5 \), and \( \rho / m = (A) 2.2, (B) 0.5, (C) 5.0, (D) 1.2 \).
absence of thymus output (27). We define a naive T cell as a cell that does not express activation markers, i.e., in B6 mice, CD4 T cells that are CD45RBlow and CD8 T cells that are CD44−. We compared the effects of a reduced thymus output on the establishment of the naive (CD4+ CD45RBlow and CD8+CD44−; Fig. 3, A and B) and the memory/activated (CD4+CD45RBlow and CD8+CD44+; Fig. 3, C and D) peripheral T cell compartments. We found that the numbers of both naive and memory/activated T cells were not proportional to the number of thymus SP mature T cells. Upon a 100-fold reduction in the SP thymus cells, i.e., in mice with 1% of the normal number, there was a threefold reduction of the activated/memory cells, while the naive CD4 and CD8 compartments decreased 12- and 23-fold, respectively (Fig. 3, E and F). These results suggest the existence of a hierarchical organization that favors the replenishment of the activated/memory T cell pool in lymphopenic mice, as described previously for B cells (28). The size of the memory/activated compartment is thus indeed less dependent on thymus export than the size of the naive T cell pool. Still, the mice with very low thymus T cell production had an increased probability of not being able to fully reconstitute the peripheral memory/activated pools. Additionally, the diversity of the TCR repertoire in mice with very low T cell production was impaired. We studied the TCR Vβ chain expression by peripheral T cells in chimeras reconstituted with 100 or 1% competent BM cells. We found that while the patterns of Vβ chain usage in chimeras with normal thymus output were identical (Fig. 4 A), in mice with low thymus output they were unique in each individual mouse (Fig. 4 B). These findings suggest that in the presence of low thymus output the homeostatic proliferation of a few rare T cells lead to the establishment of an oligoclonal T cell repertoire (29). This may also explain the shift of peripheral T cell repertoires observed during aging, after thymus atrophy and reduced T cell production (5).

Concluding Remarks. We developed a novel experimental strategy to study T cell regeneration in mice with a limited fraction of competent precursor cells. The results obtained have major implications to the understanding of thymus regeneration after BM transplantation (1). We directly demonstrated that complete regeneration of the thymus DP and SP compartments is strictly determined by the availability of a sufficient fraction of competent DN precursors. This is due to the lack of compensatory homeostatic mechanisms that could increase the proliferation or survival of DP and SP thymus cells. Only when the number of thymus DN cell precursors is less than 5% of normal, reparatory mechanisms increase the efficiency of generation of mature SP T cells. These processes are nevertheless insufficient to overcome the deficit in precursor cell numbers. Our results suggest that complete thymus regeneration requires the complete elimination of incompetent precursor cells to prevent dilution of competent precursors and consequently the reduction of the fraction of competent DN cells present in the thymus.

Figure 4. Vβ TCR repertoires in chimeras with normal and low T cell numbers. Representation of the different Vβ TCR families by the spleen T cells of different BM chimeras. Mice were reconstituted with either 100% BM cells from normal B6.Ly5− mice (A) or with a mixture of 1% BM cells from normal B6.Ly5− mice and 99% BM cells from T cell–deficient B6.Ly5−/B6.Ly5−/TCRα−/− donors (B). Each bar represents the percentage of CD3+CD4+ T cells expressing each Vβ family in individual mice as assessed by flow cytometry. Similar results were obtained with CD3+CD8+ spleen T cells. Note that although the representation of each Vβ family is identical in all mice reconstituted with 100% BM cells from normal donors, it shows individual variations in mice reconstituted with a limited fraction of competent BM cells.
These results also shed light on the mechanisms of peripheral T cell restoration after tri-therapy of HIV infected individuals (30–32). By studying the peripheral T cell pools in mice with reduced thymus function we show that the size of the total peripheral T cell pool is regulated largely independently of thymus output. At the periphery, several compensatory mechanisms operate to bypass the reduced production of mature T cells in the thymus. We show, for the first time, that in mice with smaller thymus SP cell numbers and peripheral T cell pools the efficiency of thymus cell export improves. More importantly, homeostasis induces preferential activation of rare naive T cells and proliferation in the memory/activated pool. In spite of all these redeeming processes, insufficient production of mature T cells resulted in an increased probability of peripheral T cell deficiency, mainly in the naive compartment. Proliferation of peripheral T cells in lymphopenic mice (“homeostatic proliferation”) was previously described either in thymectomized mice during T cell recovery following T cell elimination (12) or following the fate of T cells adoptively transferred into T cell deficient hosts (33–39). Here we used a different approach to study peripheral T cell restoration that allowed us to establish a direct quantitative relationship between thymus function and peripheral T cell numbers. In summary, our studies demonstrate that complete peripheral T cell recovery requires a minimally functional thymus, which can only be ensured with a minimal number of competent DN precursors. Thus, the incomplete peripheral T cell restoration that is observed in most HIV patients after tri-therapy may reflect thymus compromise, which should be taken in consideration in the development of new therapeutic approaches (2, 3, 40).

Finally, these results also bear interest on the mechanisms of immune deficiency developing with aging. We found that mice with <1% of the normal number of thymus SP cells have reduced numbers of naive T cells and develop oligoclonal repertoires, a situation that mimics the evolution of the immune system in aged individuals.

We thank Drs. B. Rocha, A. McLean, R.J. de Boer, and C. Kemsir for kindly reviewing this manuscript, and F. Agenes for suggestions.

This work was supported by grants from the Agence Nationale de Recherches sur le Sida (ANRS), Association pour la Recherche sur le Cancer (ARC), Ministère de L’Éducation Nationale de la Recherche et de la Technologie (MNERT), Sidaction, Centre National de la Recherche Medicale, and the Institut Pasteur. A. Almeida is supported by grant 13302/97 from the Fundação Ciência e Tecnologia, Praxis XXI, Portugal, and J. Borghans by a Marie Curie Fellowship of the EC program Quality of Life (contract 1999-01548).

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